

parish life

Pentecost

pour
out your
spirit



STORIES OF
ST. PAUL'S
PEOPLE

WHO EXEMPLIFY

THE HOLY
SPIRIT

ST PAUL'S
EPISCOPAL

parish life

Summer 2023 | Vol 51, Issue 2

Parish Life, the official publication of St. Paul's Episcopal Church in Winston-Salem, NC, seeks to share stories from parishioners, staff, and clergy that examine society, challenge conceptions, and build compassion for our neighbors.

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I MEAN TO BE ONE TOO

**THEY LIVED NOT ONLY IN AGES PAST;
THERE ARE HUNDREDS OF THOUSANDS STILL;
THE WORLD IS BRIGHT WITH THE JOYOUS SAINTS
WHO LOVE TO DO JESUS' WILL.
YOU CAN MEET THEM IN SCHOOL, OR IN LANES, OR AT SEA,
IN CHURCH, OR IN TRAINS, OR IN SHOPS, OR AT TEA;
FOR THE SAINTS OF GOD ARE JUST FOLK LIKE ME,
AND I MEAN TO BE ONE TOO.**

HELLO, ST. PAUL'S!

The Rev. Dr. D. Dixon Kinser

If the text on the previous page is familiar to you, you are not alone. It is the third verse of Lesbia Scott's hymn "I Sing a Song of the Saints of God," and even people who are not connected to the church know its melody and lyric. For this issue of *Parish Life*, I want to underscore not the song's theology but, instead, its anthropology. It points out something really important about people.

In the Anglican tradition, saints are not magical beings, and becoming one does not require proof of miracles or martyrdom. Instead, saints are just regular followers of Jesus like you and me, whose lives we look to as worthy of emulation. Their witness invites us to be faithful in our time in the same way they were in theirs. That's what this final verse of the hymn drives home. Saints are all around us, not just in the past but also in the present. They are anyone working to love God with everything they've got and love their neighbor as themselves. As a result, we can run into them anywhere, which includes our very own community at St. Paul's.

This Pentecost edition of *Parish Life* is about the work of the Holy Spirit in the community of St. Paul's. Authors of these articles are profiling people and ministries where the Holy Spirit can be seen moving and working. They are writing about the saints among us.

My prayer is that as we tell these stories about the work of the saints at St. Paul's, we will let them do what saints always do – inspire us to be faithful like they are. Or, as the hymn puts it, "that I mean to be one too."

Grace and Peace,

Dixon+



The Rev. Dr. D. Dixon Kinser is Rector of St. Paul's Episcopal Church.



SOWING JOY: THE ST. PAUL'S FLOWER GUILD

The Rev. Lucy Strandlund

Beauty is a part of our worship, and it draws many of us here to St. Paul's. Through beauty, our eyes and hearts are lifted to God. We have soaring music, colorful stained glass, inspiring architecture, and the beauty of the natural world brought inside through the altar flower arrangements. What makes the beauty here so special is that it is all offered to reflect the glory of God, and anyone, regardless of income or education or social status, can come and enjoy the beauty found here.

The wonderful volunteers in our Flower Guild take this offering of beauty to heart. They put their skill, their prayer, and many hours of work into creating an effusion of colors and textures that focuses and directs our eyes toward the altar and towards God. Each week, volunteers prepare a delivery of fresh flowers and create arrangements for the high altar, the side altar, and the chapel. Each arrangement is a proclamation—it speaks to God's glory found in creation and to the gift of creativity God gives each of us.

Our Flower Guild not only helps elevate our Sunday worship, but they also work tirelessly and lovingly to ensure each funeral held at St. Paul's has beautiful flowers. Moreover, the spectacular flowers seen at weddings are arranged by our talented volunteers, and they remain in place for Sunday services in honor of loved ones of the newly married couple.

In addition to giving thanks for the work of the entire Flower Guild, I want to especially thank the leadership. After serving faithfully as Chair for nearly five years, Beth Thomas stepped down

at the end of last summer. Kristie Blanco, Betty Butler, Susan Gordon, and Melissa Rogan have stepped up as Co-Chairs in what has turned out to be an exceptionally busy year. I cannot thank them all enough for the time, thoughtfulness, and love they have already poured into this ministry.

Additionally, the beauty of the flowers at St. Paul's is possible because of those who give towards the flower ministry. Individuals and families give each week in memory or in honor of loved ones, and these loved ones are noted in the service leaflet. Sally Shore has coordinated these gifts for a decade, and she recently passed this role on to Kristie Blanco. We are so grateful to Sally for the time she gave to making sure the great cloud of witnesses who surround us at St. Paul's are remembered by name and through the beauty of our flowers. I know that for both she and Kristie this role of helping to remember loved ones has been and is an honor.

Please join me in giving thanks for the gifts of time, talent, and resources that are offered to help all who enter here worship and pray in the beauty of holiness.



The Rev. Lucy Strandlund is Associate Rector for Liturgy and Pastoral Care.



THE HOLY SPIRIT AT WORK: AN INVITATION TO A GREATER STORY

The Rev. Nick VanHorn





When I think about how the Holy Spirit works in our lives, two things come to mind and are both understood in the context of our Baptism. First, when one is Baptized in our tradition, the priest takes oil, makes a sign of the cross on the forehead of the candidate and says, “you are sealed by the Holy Spirit and marked as Christ’s own forever.” The Holy Spirit seals our Baptism and it is forever - the rubrics in our Book of Common Prayer states that the bond of Baptism is indissoluble. There is something to be said for this - the Holy Spirit is present and does not wait for our permission to work in our lives. Second, my favorite part of the Baptism service is when we invite the entire congregation to stand and respond to the question of supporting the candidate with a booming “We will.” At Baptismal prep, I invite the parents to be present at this moment because, as they hear the congregations response, it is a reminder that they or their child is a part of a community that has their back. Through Baptism, we are told that the Holy Spirit is forever and that we are never alone.

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These two aspects grant us the humility to understand that, when we desire to follow the Holy Spirit to the work we have been called to do, we are entering into a story that is greater than ourselves. We are both continuing the work those who came before us have done and are setting the foundation for those who will come after. As disciples of Christ, we understand that we are being invited into a story where God is the protagonist and we are a chapter or a sentence in God's book of life.

Being a youth minister for over two decades, I have had the privilege to witness the fruits of the Spirit in the lives of many young people - to see how the formation that the church has provided create a foundation for how youth and young adults grow into the disciples they have been called to be. I have also witnessed the thread the Holy Spirit has created within the lives of so many youth and how they have impacted each other in ways they may never understand. Because of this, I have asked three youth (they are always youth to me) to share a bit about how the Holy Spirit has worked in their lives at St. Paul's and how that has encouraged them to follow their calls to discipleship and how each of these examples provide a glimpse of the greater story the Holy Spirit has invited us to be a part of.

Part I - Anna Lowers

When I think about how the Holy Spirit has worked in my life, a couple of things come to mind. I think about being called to be the best wife I can be every day and I also think about being called to continue to work hard in my career.

The Holy Spirit definitely worked overtime in my life to lead me to my husband Zack. We were married at St Pauls last August. When Nick mentioned during the Baptismal prep he asks the parents to be present as the congregation responds "We will " during their child's baptism, is such a powerful moment. It is a reminder that no matter what, you will have a congregation behind you cheering you on. During our wedding, Nick gave Zack and I the best moment of the day,

and that was to take a moment to look around the church and take a moment to see the congregation of our loved ones and parents and to know that no matter what, they will be there cheering us on. It was a full circle moment for me as I was baptized at St Pauls and I knew the Holy Spirit had called me to Zack. Every day I strive to be the best version of myself for Zack and he does the same.

Growing up at St Pauls and attending EYC every Sunday and Wednesday afternoons, my friends and I really came out of our shells during those times. Our youth leaders were the coolest people on the planet in our eyes back in the day and I still keep in touch with some of them to this day! It was always so sad to see them graduate college and go on to the real world, but it always got me thinking about what I wanted to be when I was their age. I always had the love for organized events, like EYC. There was a flow to the evening and a purpose. There was planning put into it ahead of time and then it was executed. I feel as if the Holy Spirit worked in a way that lead me to my role now as the Assistant Director of Donor Experience at Wake Forest in the Athletic Department. I do much more than plan events, but that is a small portion to my role and the portion I enjoy most because it brings so much joy to our donors and fans. EYC brought so much joy to not only me, but my friends and so many other youth. Every day I go to work and I feel called to make people feel the joy I felt on Sundays and Wednesdays with my friends and fellow youth as we played manhunt around the church and had scavenger hunts across Winston-Salem.

The Holy Spirit has worked in the best ways when it comes to me following my calls. I wake up each day with a purpose and I am fulfilled with so much love and I take pride in what I do.

Part II - Benji Williams

Youth at St. Paul's represents that Baptismal covenant that Nick references better than anything else that I have experienced at the church. The

community that we have built perfectly embodies the creed that is posted outside of the youth room- “to create a community where youth feel comfortable being who God made them to be without worry of judgment or prejudice but rather acceptance and love.” In my experience, that mantra has been best represented by the leaders that are there volunteering their time and energy every Sunday and Thursday.

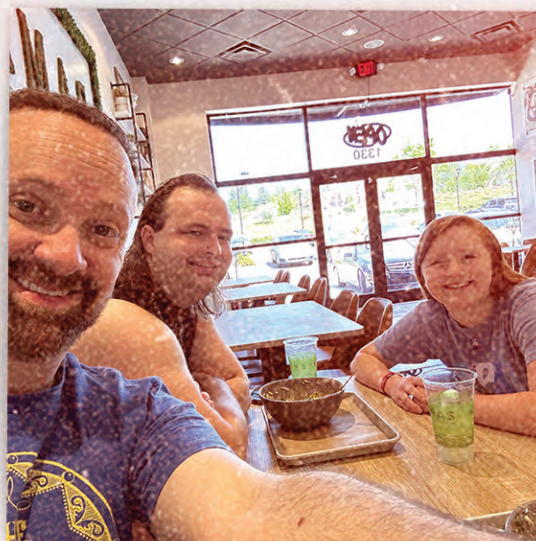
My most distinct memory of this comes from the youth trip that we took to a cabin in the NC mountains in 2017. Emily McMullen and Anna Vaughn (Lowers) were the youth leaders that volunteered their entire week in the middle of summer to help Nick create that environment. The safety to be who I was meant to be was something I had not experienced so purely and organically in any other place in my life. The complete lack of caveats or catches meant that that week was one of the most transformative of my life. I still have the little notebook we used to take notes on lectures and movies and the letters that Anna and Emily wrote me and read them on occasion. That was when I knew I wanted to continue that work.

When I returned to Winston-Salem and St. Paul’s after college, Nick was one of the first people I talked to. It was deeply important to me to be a part of continuing that legacy of creating an environment of safety and inclusion and I believed that the only way to thank Nick and Anna and all the other leaders who did that for me was to make sure that I pay it forward and support the young people coming through the church in their life in Christ, just as the Baptismal covenant demands of us as Episcopalians.

Part III - Libby Marcantonio

I had never dealt with a death in the family until my beloved Mimi passed. I went to Nick for counsel on grief, and

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after he helped me out, he invited me to come to EYC, saying he thought I would find it beneficial. I was a senior in high school, and the last time I had done anything EYC related was when I was going through my confirmation, so I was nervous when I first showed up.

I remember feeling wholly welcomed by the group, despite me being the oldest person who was not a regular. During EYC, we always share moments outside of school and work where we saw God in our week and places where we were struggling and hoping for resurrection. I nervously shared about how I struggled with the passing of my Mimi and was met with compassion and support by a group of people who had just met me. That, in of itself, felt like a resurrection in my life, a light in the dark tunnel.

As I continued attending Youth, I began to get close to a lot of the members and leaders. One of the leaders, Benji, became a peer mentor for me and a big support for me in my life. They were always there to listen to any youth who struggled and to offer support and a laugh. They also provided interesting yet profound insight to how God works in our lives and their own walk with God, which always left me pondering hours later.

Being around supportive youth and supportive leaders, helped me feel confident in asking hard faith-based questions I always had but never felt brave enough to ask. Getting deep, thought-provoking answers allowed me to grow in my faith and feel more connected to the church and God. On top of that, getting my questions answered and being around supportive people who were unabashedly themselves allowed me to see that I was indeed, fearfully and wonderfully made, and it helped me come out of my shell and be more confident in myself. I became happier and saw improvement in many areas of my life.

Although I am still figuring out what the Holy Spirit is calling me to do, having a youth leader like Benji has inspired me to want to pursue leadership in the church so I can help others feel confident in the person God made them to be and help them in

their discipleship. I feel more confident in asking faith based questions and seeking answers so that I can continue to learn what discipleship means. I also feel confident in providing perspective to what discipleship means, and have started to do so with peers, due to the confidence Benji showed in answering questions about discipleship.

Though I miss the community of Saint Paul's while I'm away for college, having such a great community of people inspired me to find another great Episcopal community in my college town and gave the confidence to get involved. Though my time as a youth was short, the time I spent showed me I always have a place in the Episcopal church and inspired me to remain involved and look for leadership to help others with their journey of discipleship.

Conclusion

My hope is that reading this article reveals a continued story of the Holy Spirits work that began over a decade ago with Anna as a youth who became an EYC leader for Benji and Benji becoming an EYC leader to Libby. I have been so privileged to see how the Holy Spirit has worked in our youth ministry at St. Paul's and to see how much this community has impacted our young ones and how they respond.

We are all called to be disciples and, in doing so, we take a leap of faith that we are doing what the Spirit has called us to do understanding that we may never see the fruits of our labor and to be okay with his. My final hope is that this story reminds us that what we do matters and that our ministries make impacts on others lives and that we accomplish this not on our own but with God's help.

upcoming events

Friday Night at the Dash

WHEN: Fri, Jun 16 at 7 pm | **WHERE:** Truist Stadium

Join us at the ballpark for a Winston-Salem Dash game. St. Paul's is hosting an evening at the ballpark with seating all together. Dress comfortable and bring your ball cap as the Dash play the Asheville Tourists. Tickets can be purchased in advance at the reception desk or you can email Betsy Reiners at BReiners@stpauls-ws.org.



Visit Minglewood Farm+Nature Preserve

Leaving on the St. Paul's bus on Thursday, May 18, at 9:30 am we will take the 40 minute ride to Westfield, NC. We will tour the Minglewood Farm and Nature Preserve observing organic gardening, their greenhouse, and native wildflower meadows. We will have lunch on the picnic tables in the meadow with a fabulous view of the "pilot knob". The St. Paul's bus will leave from the side lot at 9:30 am. Send Anne Rahn your check for \$50 payable to St. Paul's to reserve your spot. We will return by 3:30.

Senior Adult Lunch

On Wednesday, June 21, Michelle McCullough, Winston-Salem's Historic Preservation Officer, will visit with us the history of our wonderful city. Lunch begins at 12:30 pm in the Colhoun Room. Michelle will speak at 1 pm. The cost is \$8. Friends are always welcome. No reservation is needed.



Margaret Sandresky (left) seen here with dear friend and fellow parishioner Margaret Mueller. Photograph by Laura Mueller.

AN INTERVIEW WITH MARGARET SANDRESKY

Dr. John Cummins

It has been my honor and delight to come to know composer and organist, Margaret Vardell Sandresky through my years in Winston-Salem. When I mentioned to Rob Lehman that I had enjoyed being with her during an interview for Pipedreams for her 101st birthday, he asked if I would interview her for JAAM also.

I hope this interview will encourage many of you to get to know her compositions, as she is still writing to this day. Her choral works are published by Paraclete Press and her organ works are published by Wayne Leupold Editions.

I visited Margaret at her home at Arbor Acres Retirement Community in Winston-Salem and here are some things she shared with me about her life, her career, and her compositions.

JC: Margaret, when did you come to Winston-Salem?

MS: I arrived in Winston-Salem in 1923 when my father, Charles Vardell, joined the faculty of Salem College to teach piano, organ and composition and eventually became Dean of the School of Music at Salem in 1928.

JC: Where were did you receive your education?

MS: I went to Salem Academy and Salem College and studied organ, composition, and improvisation with my father. In 1944 I received my MM in composition at the Eastman School of Music where I studied composition with Howard Hanson and Bernard Rogers and organ with Harold Gleason.

JC: What did you do after college?

MS: My first job was teaching theory at Oberlin College (which I just simply did not enjoy) and

soon returned home to Winston-Salem. My father told me if I came home I would have to go work so he gave me a job teaching at Salem College. I taught theory, and composition there from 1946 to 1986 and organ from 1946 to 1956. In 1965, as a founding member of the faculty at the University of North Carolina School of the Arts, I established the organ department there. When I was faced with the task of securing funding from the state to purchase practice and performance organs for UNCASA, I realized I neither had the time nor the inspiration for such a task and asked the president to hire someone else to teach organ. John Mueller who was professor of organ and my colleague at Salem College at that time was then hired to also teach at the School of the Arts.

JC: When did you first become interested in composition?

MS: I have loved composition from my earliest memories. Through my father's example I grew up believing composition was a normal part of daily life. I used to sing my compositions to my mother who was also a musician and singer before I was able to write.

JC: What about your interest in the organ? Was that from your childhood also?

MS: When I got to college my father told me I simply didn't have the hands for the piano and wanted me to study the organ. He felt I would always have a job as an organist. I resisted his wishes but eventually we made a deal that I would give it a try for one year. Of course, I fell in love with it and that was that.

JC: How did Salem College influence you?

MS: Salem College (founded in 1772 by the Moravians who settled Salem in 1766) is the oldest educational institution for women in the United States. Music is of primary importance in the Moravian tradition and the official music department was established in 1870. To grow up in total immersion in that institution, study with my father there, and teach there for 40 years, it was an integral part of my entire life and the foundation for my life's work.

JC: You studied as a Fulbright Scholar with Helmut Walcha. Tell us a bit about that experience.

MS: I had been teaching at Salem College for 10 years when I was encouraged by Dean Dickson to apply for a Fulbright. I was awarded one and went to Germany in 1955-56 to study with Walcha at the Hochschule in Frankfurt am Main. I studied with him in the department of church music. We had to master Walcha's very specific system of articulation for the music of Bach. My studies also included improvisation and composition (mainly advanced training in 18th century counterpoint) and harpsichord with Maria Jagar.

One very important thing that happened while I was there was a visit to the Flentrop Organ factory in Zaandam, in the Netherlands. One of the other Fulbright scholars Ray Ferguson was there with his wife and young child and they had a car. We decided to take a road trip in their VW Beetle to visit the Flentrop factory. Mr. Flentrop was thought of as THE builder in Europe at the time. I was so taken with his work and he was so interested in having an organ in the United States that I immediately wrote to Clem Sandresky, the head of the music department at Salem (not yet my husband) and told him that Mr. Flentrop would build us an organ for \$5000. He got the consent of the college officials to buy the organ and thus the first Flentrop organ in the US came to Salem College in 1957. That organ is in the teaching studio today.

Interesting also is that on the boat going over I met a fellow Fulbright recipient, Margaret Snodgrass who had been teaching back in her home state of Iowa. We decided to room together during our year of study. John Mueller was my replacement while I was away and he asked if he could stay on as the organ teacher when I got back and I agreed. He and Margaret Snodgrass had been classmates at Oberlin just a few years before. They were soon married and Margaret joined the Salem faculty in the preparatory department. She was also the organist at St. Paul's in Winston-Salem for 38 years.



JC: Did you have any difficulty as a woman in what was primarily “a man’s world” early on in your career?

MS: I certainly did. After I came back to Salem College later in the 1940s, I attended a symposium of North Carolina composers. I walked into this room of men and not one of them acknowledged me. In the 1970s another female composer, who’s husband taught at the School of the Arts, and I hosted our own symposium for composers. We did that every year for 10 years.

JC: Did you compose and publish throughout your whole life or did you have periods where other things took precedent?

MS: Composition really began for me after I turned 50. From the time I returned from my Fulbright I was so busy being a wife, a mother, a college professor, and a church organist that I hardly had time to focus on composing. My colleague John Mueller encouraged me to begin composing for the organ. He also recommended me to Wayne Leupold who has published my organ music ever since. The first two pieces I wrote for organ were for John and Margaret Mueller and the Flentrop Organ in Shirley Hall at Salem.



JC: You’ve been an Episcopalian for two thirds of your life. Tell us about your life in the Episcopal church.

MS: I was born into a long line of Presbyterians. My forebearers founded the Second Presbyterian Church in Charleston, SC and Flora Macdonald College (now St. Andrew’s University in Laurinburg, NC). I was born when my father was teaching at Flora Macdonald and when we first moved to Winston-Salem, he was the organist at Reynolda Presbyterian Church in addition to his position at Salem College.

My move to the Episcopal Church came when I married Clemens Sandresky who had said, “Margaret, I just can’t be a Presbyterian.” After Clem returned from WWII, he moved to Asheville, NC. At that time All Souls Church (the church built by George Vanderbilt for his

Biltmore Estate and now the Cathedral for the Diocese of Western North Carolina) was in need of an organist. The rector, Isaac Northup asked if he was interested in the job. Clem had no training as an organist at that time but Northup told him they would secure organ study for him if he would come be their director of music. A close friendship with the Northups grew out of that working relationship. Clem said he would be dedicated to the Episcopal Church for the rest of his life because of it.

Clem and I joined St. Paul's Church in Winston-Salem. He and the children were there while I was off playing the organ at 1st Baptist and Centenary United Methodist. We continued at St. Paul's after our children were grown and after our retirements. I played the Skinner organ there often to substitute for Margaret Mueller and I have written several pieces for that organ.

JC: In the Leupold editions of your works there is a good bit of information about each of the pieces. Are there other bits of information you would like to share about some of them?

MS: When I wrote my L'homme Arme Mass for Organ (1979) I had been doing research on 15th century mass settings and I was curious about why that tune had been the basis of the settings by so many of those composers. I thought I'd give it a try for the organ.

My Sonata No. 1 for organ was commissioned by the Reynolda House Museum of American Art in 1993 upon their acquisition of the painting Spring Turning by Grant Wood and the restoration of the Aeolian Organ there. Their director Nick Bragg and I had talked a lot about the visual arts and their relationship to musical composition so he asked me to write something in response to that painting. The aspect of turning is represented in the form and melodic figuration throughout.

John Mueller came to me in the early 2000s and said he thought the literature for the organ needed more works for organ and instruments. He commissioned and premiered my Dialogue for Organ and Strings (2002) on the Flentrop organ in Shirley Hall at Salem. In 2018 Kimberly Marshall, a Salem graduate who regularly performs my music, performed it in the closing gala concert of the American Guild of Organists National Convention in Kansas City, MO. I was delighted to be able to be there for that performance.

I would like to share a bit of my personal experience with some of Margaret's organ and choral works. We have many of her choral works in the library at St. Paul's. I have regularly used her Magnificat and Nunc Dimittis which was commissioned by the St. Paul's choir in honor of my predecessor Barbara Beattie. I have performed in recital and used regularly for services her Wedding March, Inward Light, and the beautiful Agnus Dei from her L'homme Arme Mass. I played her There is a land of pure delight and Evensong for the Prelude to a special Choral Evensong in memory of my parents. I highly recommend them to you.

This past September we premiered her setting of Behold the Tabernacle of God at St. Paul's. I asked her to write it for our return to the church after a period of extensive restoration to the 1928 building in addition to our time out of the church for COVID 19. A dear friend and parishioner commissioned it. It is awaiting publication soon. Among her other recent commissions is a piece to commemorate the renovation of the organ at Trinity Church, Indianapolis (Michael Messina, Director of Music).

It has been a special privilege to spend extra time with Margaret doing this interview. I hope it has encouraged you to get to know her music if you haven't already.

Margaret, I thank you for your friendship, your musicianship, and all you have done for the organ, church music, and the role of women in the world of music!

John Cummins

About this interview: *This interview was published in the March/April issue of The Journal of the Association of Anglican Musicians.*

Photo, previous page: *Margaret Sandresky with fellow composer and St Paul's parishioner Dan Locklair at St Paul's September 2022 at the world premiere of her anthem **The Tabernacle of God**. It was commissioned by Rickey D Johnson in honor of Dr John Cummins the St Paul's Choir.*

NANCY MONTGOMERY: SPIRIT-FUELED FAITH IN ACTION

The Rev. Nancy Vaders

Raising your hand and agreeing to volunteer for something is a huge act of faith. This is especially true if you volunteer for a brand-new church outreach project! In January of 2022, we started a refugee outreach program, in partnership with World Relief, called the St. Paul's Good Neighbor Team. When I asked Nancy Montgomery if she would help lead this new endeavor, she bravely said yes, even though neither one of us had an inkling of what all of this work would entail. This is the work of the Holy Spirit, saying yes even when the road ahead isn't always clear.

This new outreach project involved taking on a local perspective, helping families that have recently immigrated to the United States, and settling here in Winston-Salem. In 2022, there were many families fleeing the instability of Afghanistan and finding refuge in the United States. The St. Paul's Good Neighbor Team was first placed alongside the Rahmani Family, a family of three who had recently moved to Winston-Salem from Afghanistan. Nancy jumped right in, helping the family navigate the very complicated dynamics of settling in an entirely new country and culture. She helped arrange volunteers for grocery trips, driving lessons, job interviews, medical appointments, documentation forms, you name it! She, and the incredible members of the Good Neighbor Team, responded to each need with authentic kindness and determination. Nancy's

energy, enthusiasm, and incredible organizational skills made this process less about checklists and calendars (although she did that too!), and more about a spirit-filled call to sacred hospitality.

After a few months, the team also decided to work with another family from Afghanistan, the Sultani

family. The Sultani family has a very unique story. The father, Fraidon, actually arrived in America six months before the rest of his family. Our team had been working alongside Fraidon, and decided that we would continue that work when his wife Nooria, and their four children arrived later that summer. Nancy jumped right in, with the same grit and enthusiasm to serve, and walked with the family alongside medical emergencies, school assignments, transportation and so much more. She

helped get the entire team involved with helping this incredible family call Winston-Salem home. When asked about Nancy's impact on their new life in America, Nooria Sultani said this, "She has been like a mother and sister to me. I cannot find words to express how much she has meant to all of us. We trust her."

Under her leadership, the entire Good Neighbor Team has gone beyond being just volunteers, and has instead become partners and friends with the families on this incredibly intense and life-changing journey. This work is truly spirit-filled, directly impacting and changing the lives of our new neighbors.



THE GIFTS PEOPLE GIVE

Margaret Turner

St. Paul's is blessed to receive many generous gifts from our all parishioners – in whatever capacity they are able to share: time, talent, or treasure. It takes all types of gifts to see the Holy Spirit working in our parish. Choir members share their talent every Sunday, giving us beautiful music on Sundays during worship, parishioners prepare food and serve at the Center of Hope, and over 600 families signed a pledge card this past fall, making a spiritual commitment to financially support our programs and ministries and we are grateful for all the variety of gifts that are shared and generously given. That is the Holy Spirit at work.

When asked to share one instance, one specific call came to mind. A parishioner phoned wanting to talk through a unique gift opportunity. These are

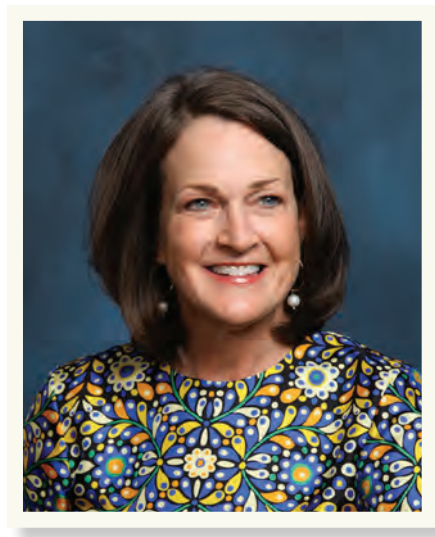
my favorite calls I receive! This donor wishes to remain anonymous, which happens more than you would think. While culling through their parents' estate, there were many items they didn't have use for and knowing that St. Paul's could you the financial support, the family decided to gift St. Paul's the proceeds of the estate auction. Would we be able to receive such a donation? Absolutely! Once all the pieces (artwork, tables, chairs, etc.) sold, we received a gift of over \$10,000 to support our ministries and programs. This was not a budgeted gift or part of a pledge payment. This was above and beyond and just one beautiful example of how the Holy Spirit works through our parishioners.

(RE)INTRODUCING NANCY GRANTHAM

We are excited to announce the appointment of Nancy Grantham as our Interim Stewardship Director at St. Paul's. Many of you know Nancy as a committed church member and the previous Director of Stewardship. Her wealth of experience, expertise, and deep understanding of St. Paul's make her a true gift during this transition.

As interim, Nancy will oversee and coordinate stewardship initiatives and support ongoing ministries. To reach Nancy, contact her at stewardship@stpauls-ws.org. She will be happy to assist you with any questions about pledges and planned gifts during the interim. If you have questions about memorial gifts, please contact Mandie Padgett at MPadgett@stpauls-ws.org.

Thank you for your continued support and generosity in the stewardship of our church, and please pray for Nancy and the staff as we embark on this next phase of our work.



*The following article is an excerpt from a larger article.
You can read the full article at bit.ly/3C19fbx*

MISS LAURA LEMLY: ST PAUL'S CHARTER MEMBER

Cathy Boyer, Archives Team

Miss Lemly has always been known as one of the six persons who attended Rev. Bynum's first service of the Episcopal Church at the Court House in Winston in the summer of 1876, and who became an active and much-loved member of the St Paul's Church finally consecrated in Feb 1879. The story goes that on her death (in a cooking accident) in Sept 1901 the Vestry ordered that black cloth be placed over the pew she always used, so no one could sit there for a month; and the Ladies Aid Society commissioned a stained-glass memorial window in honor of her (now mounted in the hallway in front of the choir practice room). But there is a lot more to her life experience and value to St Paul's than just that—why was she so loved? What did she do?

Laura was born in August of 1843, in Bethania, and the (relatively) privileged daughter of 3 generations of prominent Moravian businessmen in Bethania. She inherited a good brain from them; skills in organization, multi-tasking, mathematics and handling money. On her father's side, she inherited skill in motivating people, and being a leader who "led from the front" to reach goals that enriched those who believed in her. Get comfortable and I will tell her story. . .

Laura's great grandfather was Christian Loesch (Lash) [born 1758- died 1844, buried at Bethania Gods Acre] who ran the store (only store at the time) that sat on the corner of Main St and Loesch Lane. It is gone now, but his house still stands next door. He was a hard-working and enterprising man, and kept a lot of people employed. He also, along with most of his neighbors in Bethania, had enslaved workers. He had 39 slaves, working in agriculture, commerce and manufacturing on the 1840 census.

Christian had many business interests, including the store, a hide tanning yard, a large farm with negro slaves working it, a saw mill, a grist mill, and a cigar factory that was started in 1841 and continued by his youngest sons. He was married 3 times, and had 3 sets of children, which put their ages over a wide range of years. The 2nd wife produced Elizabeth, in 1791, who went on to be Laura's grandmother. And the 3rd wife produced Israel George Lash, in 1810, who was 19 years younger than Elizabeth, but who was always close to her and helped 3 of her Lemly grandchildren in their careers.

Elizabeth [born 1791- died 1858, buried in Salem Gods Acre] must have learned store keeping and farm running at her father's knee, and would have been a valuable helpmeet to the next storekeeper to move to the area. Jacob Conrad [born 1782 - died 1839, buried in Bethania Gods Acre] who was born in Pennsylvania, moved to Bethania and opened a store and bought a farm that covered 430 acres, with 100 of them being cultivated, and had 41 slaves when his estate was probated in 1839. The farm supported the family, allowing them to sell corn, oats, and wool, plus butter and slaughtered pigs. The store was described by Salem Academy schoolteacher Emma Lehman as large, brick, next to a large brick house, beside the road, and with outbuildings behind. Elizabeth married Jacob in 1811, and produced 4 daughters that lived until their father died (plus other children who did not live that long) so were mentioned in his estate papers. The 2 oldest had married already, at that point, and moved to their own homes.

Elizabeth's 3rd daughter, Amanda [born 1816- died 1910, buried in Salem Gods Acre] had married

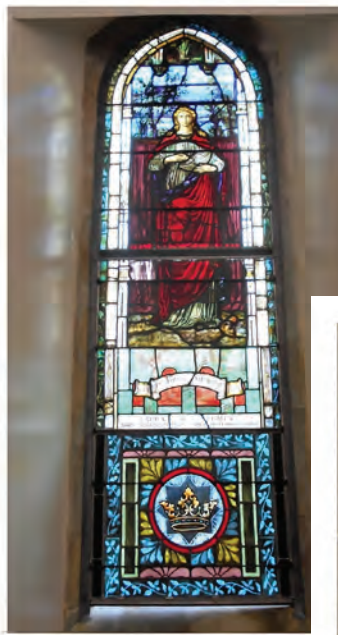
Henry Augustus Lemly from Salisbury, in 1837, so Elizabeth invited them to settle on the farm with her and help run the businesses. This worked well for about 13 years. Jacob Conrad's brother Abraham came to Bethania with Jacob and set up his own farm next door. His daughter Julia had married the physician Beverly Jones (born 1815 in VA), and the couple were living on the farm with Abraham. I like to think that Henry Lemly was able to visit and be friends with this very well-respected local doctor and keep his own love of medicine alive.

Henry's father was Samuel Lemly [born 1790 in Salisbury-- died 1848 in Jackson Mississippi], who was a master carpenter and building contractor with apprentices, and in 1840 had 10 slaves. Some of his big projects were Ithiel Town's patented lattice truss bridge across the South Yadkin River at Salisbury in 1825, and 8 buildings at Davidson College in 1836-38. [Samuel named one of his sons for Ithiel Town] Samuel and work crew moved to Mississippi in 1841. Son Henry was already married by then, and 2 sisters were also and stayed in Salisbury. When Samuel died in Jan 1848 his Presbyterian church in Salisbury passed a resolution calling him "a zealous and faithful officer" of the church and Sunday school, and president of the Rowan County Temperance Society.

Son Henry A Lemly [born 1812 in Salisbury- died 1886 in Salem, buried in Salem Moravian Gods Acre] was raised as a Presbyterian,

and was baptized at age 16 in Salisbury. At age 17 he went to UNC-Chapel Hill to begin the study of Medicine. He was a student there for 2 years, 1829 and 30, until he realized his eyesight was too poor to keep up with his studies and he had to drop out and go back to Salisbury. There he went into mercantile sales. This is probably how he crossed paths with Amanda in Bethania. On Jan 20, 1837 a marriage bond reads "Henry A Lemly (25) of Salisbury to Amanda S Conrad (20) of Stokes Co", and on 30 Jan the same wording appears in the Raleigh Register & Gazette. So a city boy with hopes to heal people becomes a farmer and slave holder, and raises 6 children with people skills and humane values.

When Jacob's estate went to probate in 1839, Elizabeth got to stay in the house by Dower Law of the time, and her 2 oldest daughters being married by then, were not interested in running a store. The farm acreage stayed with Elizabeth too, but the slaves were divided by the Court appointed committee, into 5 lots: one for each of the 4 daughters including Laura Conrad then



age 13, and the widow. The committee priced the slave mothers in a package with their very young children, but children 5 and up plus grown men and women had values assigned to them and were not necessarily kept in relationship groups. The committee's duty was to make each lot come out as nearly as possible to the same money value, for the heirs to choose a lot to inherit. We do have their names and ages at the time, so I have passed this to the Old Salem Hidden Town project, as some of them ended up in Salem, and now know a lot more about them. The total value of the slaves was put at \$15,663. So Elizabeth had a farm and a store, but had just lost 2/5ths of her work force. (Laura Conrad at 13 stayed at home, and Henry stayed too, so their newly inherited slaves stayed on the farm as well.)

In the 1840 census Henry Lemly is recorded with a wife, one child under 5 (Elizabeth Conrad Lemly, called Bettie, born May 1840) and 12 slaves—7 or whom, plus Henry, worked in agriculture. Elizabeth Conrad in the entry next door (actually the same house) has daughter Laura age under 15, and 16 slaves, 7 of whom work in agriculture. The store is not mentioned in the count. In 1850 Henry is still a farmer, now with 4 children [Bettie, plus Laura Eliza, born Aug 1843, Ithiel Townley born Apr 1845, William Augustus born Aug 1846, and a wife. (plus a 5th child that was on the Mortality Schedule as dying in Nov 1849 of measles at age 1 month—called Samuel—they used the name again later for their 6th child). Henry's Real Estate is valued at \$4000, and he owns 7 slaves. Elizabeth Conrad is still next door, now alone in her part of the house as Laura Conrad died in 1841 at the age of 14. But in 1851 everything changed.

Miss Emma Lehman (1841- 1922) was born in Bethania, graduated from Salem Academy in the class of 1857, and became a teacher there in 1864. She was a contemporary of Laura Lemly's as a student and as an Alumnae Assoc member, as well as being a neighbor in Salem. She wrote a description of Bethania years later. Note that she would have been 10 years old at the time of this story, and already in Salem in school, so her info was secondhand.

The Salem Church Records 1851: April 16. In the afternoon two houses, namely those belonging to Sr. Conrad or the Lemlys, caught fire. Most of their belongings, it is true, could be saved. However, the houses—of 2 stories—burned to the ground. One was a log house covered with weatherboard; the other, a large fine frame house that had been repainted quite recently. How the fire started is unknown. It began in the old house, though no fire was lit in it any longer. It is thought that perhaps a cat caught fire at the bake oven and ran with a living ember into the old house and set it on fire. The belongings which had been saved were stored in the Ort (a tavern). The family, however, stayed at Dr. Jones'.

April 23: Elizabeth Conrad asks permission of the Conference of Elders to move to Salem. No objection is made. Then she tells them she wants to take her son-in-law Henry Lemly and his family into her house. That caused discussion because Henry was Presbyterian, but his wife and children were all members of the Bethania Community and “knowing him as an honorable man, the Conference does not object to Sr Conrad's plan.”

Elizabeth leases the Jacob Siewers house built in 1844 on lot 21., and Elizabeth and the Lemlys move in. Both of them brought their slaves with them, (about 15 people) and house them in a building on the lot as required by Salem Elders' ruling of 1847. Lot 21 ran from Main St to Church St. beside Walnut St, so there was a bit more room in the yard than it looks like now. They used the Siewers cabinetmakers' shop (now empty) next to the house in the front yard. It was still there in 1891 for the Birds Eye map (done only 5 years after the Lemlys moved out) so we know what it looked like:

In 1856 the Village of Salem voted to abolish the lease system that had operated since the founding of the village: in which the Moravian church owned all the land and people could only lease a house, not own it, plus only approved members of the church could live there. Now people would be able to own a house in fee simple, and non-Moravians could buy them; plus the town meeting Minutes would now be written in English. Streets were added and named, including Belews Creek St

where the Lemlys built a house after Henry died in 1886. Lots were measured off and valued, and on 23 Feb 1857 they were sold and deeded. Elizabeth was able to buy her house and lot, and in Sept 1858 she willed it to her daughter Amanda. She was very specific about “my house and lot in Salem” as that really was a new thing for the town.

So this is where our Laura lived from age 8 to age 43 years old, 1851 to 1886.

The censuses of 1860, 70 and 80 each show that 7-8 people lived in the house at the same time. Not always the same people—as the sons moved out, Amanda took in orphaned grandchildren. In 1870 and 80 there is an additional servant in the house: Emanuel Lemly (black, born 1808) who had been Elizabeth’s slave until Henry bought him at her estate sale in 1859 for \$200. He had already been part of the household before names were listed in the census. He died in 1888, and had an obit in the Peoples Press “Old Uncle Man, the faithful colored servant of Mrs. H. A. Lemly of Salem, died 20 Jan 1888 at the ripe old age of 80 years.” Laura would have known him for at least 32 years.

I consulted with Old Salem archeologist Martha Hartley about the slaves in general and which Lot Elizabeth bought, and got a lot of info on Emanuel from their Hidden Town project. He was the son of Budney and Phoebe, owned by the Wachovia Administration (the Moravian Church), who were founders of St. Phillip’s congregation from their house in the Quarter in May 1822. The log church was started by them. They had both died by 1861 when the brick church was built. Emanuel was sent to Bethania by age 18, probably still owned by the Wachovia Admin and hired out. He married a woman named Silvey and had 8 children with her between 1827 and 1839 (and are the people listed on Henry Lemly and Elizabeth Conrad’s assigned slave inheritances in 1839). When the families came to Salem, they became part of the genealogy database project done by Mel White for Old Salem in 2002, using the records of St. Phillips’ Church. Emanuel and Silvey’s son Ned is recorded as buying the first Lot sold in the Happy Hill development in 1872 for \$10.00. By emancipation in 1864 those 8 children had several different owners, but they knew who they were, and all took

their father’s chosen last name of Lemly. They are recorded in censuses, marriage licenses and deeds after 1866 using that name.

Henry becomes a Merchant (1860 census), and then an “assessor of revenue” (1870). The move was a great benefit to all of them, as the slaves had their own church and freedom of movement in the village, Amanda had a social life, Henry had working peers and Laura had education—they even had a piano-- which she put to good use. The 4 boys went to the Moravian Boys School, and then on to professional careers, The Lemly’s put Laura in school at Salem Female Academy as a day student, starting Sept 1852, age 9. But the years Laura spent at the Academy were all she was allowed. She managed to stay 8 years, graduating at age 17 in the class of 1860.

The years that Laura was a student at Salem Academy were growth ones for the school: in 1854 the “New Building” was finished (now known as Main Hall), and became classrooms and more dorms for the over 200 girls who attended. There were also 50 town girls listed in the catalogue, including Laura and Bettie. Then in 1857 the Rev Maximilian E. Grunert became the principal. He is known to local genealogists with affection because he kept a “birthday book” and recorded a whole generation of Salem students (including some of my own Boyer connections) as well as their local families and the Salem citizens he interacted with. This included the whole Lemly family, and even their banker uncle Israel Lash.

Elizabeth Conrad dies in Sept 1858, and her brother Israel Lash is her executor. Israel had taken over his father’s cigar factory, moved it to Salem in 1845 and in 1850 he had 2 clerks, 2 Germans working as cigar makers, plus 37 slaves working in farming. In addition, in 1847 he became cashier for the Bank of Cape Fear in Salem. He was described as sagacious and diligent, and had a reputation for integrity and sound judgement. He was actually the Lemly boys’ ½ great uncle, as ½ brother to their grandmother, but they called him Uncle. He was about the same age as Henry Lemly. Israel will show up again in this story. Elizabeth’s estate closed out worth over \$20,000. which is quite respectable in those days.

However, it was divided between 3 daughters, and then Amanda's part was shared by 6 children, with the instruction that the money be paid with interest as annual allotments. This translated to about \$200. a year for each of Amanda's children, and explains where Laura got the \$100. she put toward paying on the 1879 deed for the St. Paul's church lot on the day in Feb that it was to be consecrated.

The 1860 census finally lists all of Henry and Amanda Lemly's children; Bettie, Laura, Ithiel, William, and now add Henry Rowan born Jan 1851, and Samuel Conrad born Mar 1853. Henry's Real Estate is valued \$2500. (Including the house on Lot 21, Main St) and personal property of \$25,000. (10 slaves). After emancipation 1864, his personal property in the 1870 census is just \$600. He bought a carriage and harness, plus a wagon and a milk cow from his mother-in-law's estate in 1859, so that should be part of it.

Laura's mother Amanda was described in her 1910 obit as providing "a home where free-hearted hospitality of the past generation was ever in evidence. Sons and daughters and grandchildren grew up in one big happy family; in wartime, likewise, the Confederate soldiers never failed to find an open door and spread table" She was also known for gathering with other ladies of the town to sew for the soldiers. She was a thoughtful neighbor, always found where there was sorrow or illness or need, and providing deeds of love as well as words of sympathy. Amanda lived till age 94, continuing to house her relatives even after her husband died, because Banker son William was Henry's executor and he covered the housing costs for the whole family group, seemingly in exchange for taking ownership of all the property Henry left to heirs. Laura was 19 when the war started, and would have been helping her mother and learning these hospitatli skills from her.

Two of Laura's brothers served in the Civil War: Ithiel turned 17 in 1862, and enlisted as a Private on 11 July. On 12 Nov 1863 he was transferred to the Co K 10th NC Artillery where he served thru Feb 1865. He made his way home to Salem after that, not wounded or captured. William turned 17 in 1863, and enlisted on 5 Mar 1864

at the Orange Co courthouse in VA. He joined the famous Salem 26th Infantry Regiment as a musician. He was captured on 4 Apr 1865 in VA and sent to prisoner of war camp at Point Lookout, Maryland. He survived a year there, being given the oath on 14 Jun 1866 before he was released to make his way back to Salem.

Israel George Lash [born Aug 1810,- died Apr 1878] was the youngest of Elizabeth Lash Conrad's half brothers, and her favorite. In 1866, in the midst of the financial crash occasioned by the Civil War, he was able to found the First National Bank of Salem, and served as its President until his death in 1878. When William got home from the war, Israel gave him his first job, as cashier at that bank. On NC's re-admission to the Union in 1868 he was elected to the 40th Congress and served until 1871 when poor health forced him to retire. But as Congressman he was allowed to appoint a candidate to the U.S. Military Academy at West Point, and he chose his nephew Henry Rowan Lemly. He also wrote a letter of recommendation for nephew Samuel Conrad to assure his acceptance at the Naval Academy at Annapolis, so he was a direct benefit to all three of those boys' careers.

Israel George Lash lived in Salem, but when he died in Apr 1878 he was buried in the Bethania God's Acre with his relatives. He never married. He never made a will, so his Salem relatives did not inherit anything from him. This is a surprise, as he was an intellegent, professional man with wealth and had been executor of several wills in the past. However, most of his assets were tied up in loans to people, which meant his heirs would not have seen any payment for years until the loans were paid, and had to keep up with interest owed, so the responsibility for that would not have been a benefit to heirs hoping for cash.

Henry and Amanda Lemly had 6 children, who inherited business brains and people skills, and succeeded in their life goals.

Ithiel Townley Lemly (born 1845 in Bethania—died 1920 in Ashe Co NC, buried in Todd) was named for Henry's brother who died young in 1844; he had been named for Ithiel Town, the

architect that Henry's father worked with building the Yadkin River Bridge in 1825.

Ithiel was able to fulfill his father's dream of a medical career; after the war he went to Patrick Co VA and got an allopathic medical degree (that is scientific western medicine that required a 4-year study and a license afterwards—as opposed to “homeopathic”) which is also what Dr. Beverly Jones had. Ithiel moved to Ashe Co NC, and practiced medicine there for 40 plus years. He had 2 wives and 10 children.

William Augustus Lemly (born 1846 in Bethania—died 1928 at Johns Hopkins Hosp in Baltimore, buried in Salem Moravian God's Acre). He went to work as a bank cashier in 1866 and after his Uncle Israel Lash died in 1878 stayed on as it was reorganized as the National Bank of Winston. Later it became Wachovia Bank when he succeeded its President. He had 2 wives and several children who died very young; his obit mentions only 2 sons who were still alive in 1928. His first wife was Bertha Belo, sister of Agnes who married J. Cameron Buxton.

William was the executor of Henry (his father's) will in 1886, but did not close probate on it until his mother died in 1910. In the meantime, he took over the estate assets and managed them as he thought best. He sold the Main St house back to the Salem church and moved the rest of the family to a new house on Belews Creek Rd and Church St, just around the corner from his house on Main and Cemetery where he had lived since he married in 1874. The new house had porches all round, and would have been more comfortable than the 50-year-old house they left.

Henry Rowan Lemly (born 1851 in Bethania—died 1925 in Washington DC and buried in Arlington Nat'l Cem) was appointed to a free 4 year education at West Point in 1868 by his Uncle Israel Lash who was NC Congressman at that time. He graduated in 1872 in a class of 57, as 2nd Lieutenant of Cavalry and served in the frontier military (Sioux War.) Then in 1880 he was promoted to 1st Lieutenant of Artillery, and taught at the National Military School in Bogota, Columbia, for 3 years. He was Captain during the

Spanish-American War, serving in Washington DC as aid-de- camp to Major General Henry. He retired in 1899, moved to NY and became a representative for American businesses in Europe and even Russia. He got a passport in 1905 and a visa in 1907 in St Petersburg that lists his wife and children by names and birth places. With the entry of the Americans in the World War in 1917 he was recalled to duty as Major for the Quartermaster-General in Washington DC, retiring a second time in 1920.

Samuel Conrad Lemly (born 1853 in Salem—died 1909 in Washington DC, buried in Arlington Nat'l Cem). Samuel joined the Navy and graduated from the US Naval Academy at Annapolis in the class of Dec 1872 at the age of 20. Uncle Israel Lash may have recommended him for the Naval Academy even tho they didn't require nominations at the time, as he entered during the years Israel was in Congress. Samuel progressed thru the ranks Master in 1880 and Lieutenant in 1886. In 1892, while Captain, he was appointed Judge Advocate General by President Harrison and served in that capacity for 12 years until he retired in 1904. He was part of the Greely (polar exploration) Relief expedition of Sept 1884, and came to Salem on leave afterwards and gave a talk to the Salem Academy students on his experience, which was reported in the Academy newspaper. Of the 26 men who went out on the Lady Gray Bay in 1880, only 7 were rescued as the rest starved to death.

He was involved in trials and inquiries of the USS Jeanette, the USS Lady Gray Bay 1880--1883 artic exploration, and Admiral Schley trial in 1901.



Scan the QR Code to continue reading this article.



ST PAUL'S

EPISCOPAL

Currently, St. Paul's has many ways to worship, both in-person and online. Our regular Sunday service times until Memorial Day are 7:30 am (Rite 1), 9 am (Rite 2), 11:15 am (Rite 2), and 5 pm (Rite 2 or Evensong). Online Sunday worship is at 11:15 am.

VISIT US

520 Summit St.
Winston-Salem, N.C. 27101

CONTACT US

Phone: (336) 723-4391

Web: stpaulsws.org

Email Sign-up:

bit.ly/3CSs9mj

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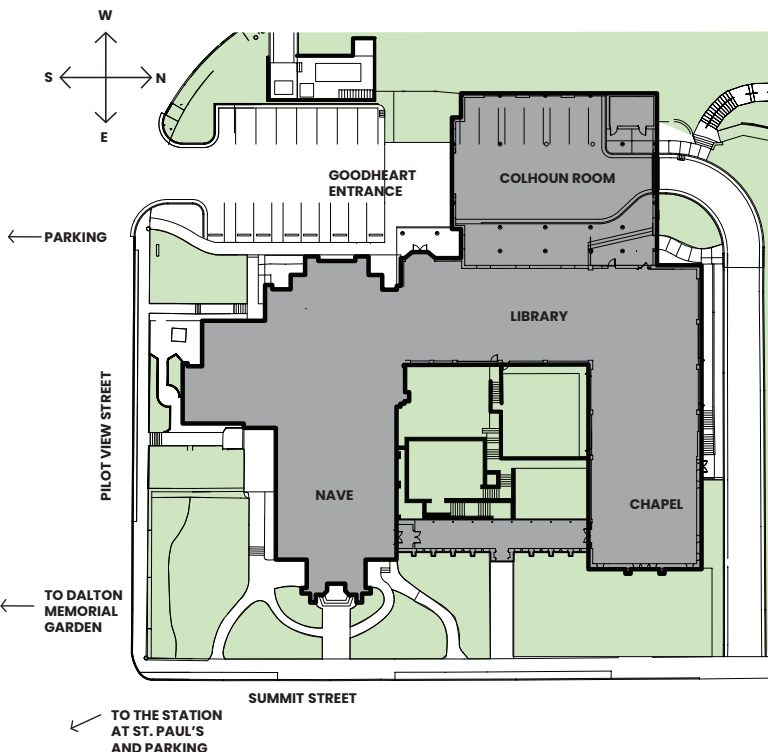
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ABOUT ST. PAUL'S

Glorify, Inspire, Serve, and Transform

St. Paul's is a vibrant parish family that strives first to follow Christ. We are a large, downtown congregation in Winston-Salem, North Carolina with a long history of moving worship, active Christian formation, and transformational outreach. St Paul's offers both sanctuary and challenge. It is a church grounded in the grace of God that seeks to bring God's love and light into the world. We gather together so that we may go out into the world, radically loving our neighbors.



TRANSITIONS

BIRTHS

Anna Chandler Taylor
April 11, 2023
Daughter of Melissa and Michael Taylor

Elizabeth Brice Allen
May 4th, 2023
Daughter of Katie and Daniel Allen

BAPTISMS

Gray Whitten Elrod
March 5, 2023
Son of Meredith and Adam Elrod

Henry Michael Jamison
March 12, 2023
Son of Alyson and Ben Baker

Ava Bharti Patel
April 8, 2023
Daughter of Mary Elligboe and Andy Patel

Judson Dean Killion
April 8, 2023
Son of Natalie and Judson Killion

James Franklin T. Glenn, Jr.
April 23, 2023
Son of Millie and Jim Glenn

Henry Cabell Hunt
May 28, 2023
Son of Cabell and Robert Hunt

Lilly Lee Averill
May 28, 2023
Daughter of Krista and Rob Averill

Hunter Vaughn Averill
May 28, 2023
Son of Krista and Rob Averill

NEW MEMBERS

Susan Leonard

Carolyn Breese

Bobbie and Arnie Koriakin

Charles Moscarillo

Tattie Bos

Mary Ellingboe and Andy Patel and daughter Ava Patel

Margaret Sandresky

Jason Franklin and Chris Martin

MARRIAGES

Grace Thompson and David Smith
April 22, 2023

Anne Gladston and McBryde Grannis
May 6th, 2023

Sydney Shaw and Jacson Barosin
May 20, 2023

DEATHS

Brenda Kaye Murphy
February 5, 2023
Mother of Patrick Murphy

Emma Casperite
February 7, 2023
Wife of John Casperite

Barbara Watson Douglas
February 10, 2023
Wife of Bob Douglas and mother of Stewart and Andrew

Eunice Merchant Chouffi
February 18, 2023
Aunt of Darby Everhard

Nancy Neill Spencer
February 20, 2023
Wife of Bob Douglas

Lindsey Miller
March 2, 2023
Wife of Paul Miller, mother of Catherine and George Miller

John B. Phillips, Jr.
March 18, 2023
Husband of Barbara Phillips, father of Carolyn Breese

Deborah Lynn Parsley
March 20, 2023
Wife of Kathy Ausen

Joseph Burnett
March 02, 2023
Father of Hal Burnett, grandfather of Ben and Molly Burnett

Mary Elizabeth Bowles Haywood
March 28, 2023

Lafe Preston Ward, Jr.
April 16, 2023
Brother of Cindy Brasher

Anders Hilding Rostlund
April 17, 2023
Father of Olle Rostlund, father in law of Emily Rostlund

Walter E Gladstone III
April 19, 2023
Brother of Bill Gladstone

William Sorrells
April 25, 2023
Father of Autumn Sorrells Brundige and father in law of Josh Brundige

David B. Jones
April 20, 2023
Father in law of Jenny Slater Jones

LeClaire Turner
May 2, 2023
Wife of Bob Turner

Polly Winans Finn
May 7, 2023
Mother of Jane McKim, mother in law of Tom McKim

Louise Y. Gossett
May 14, 2023

Jo Lynn Allen
May 18, 2023
Wife of Robert Allen

Bob Henning
May 23, 2023
Husband of Millie Henning



parish life

Summer 2023 | Vol 51, Issue 2

Parish Life is published by:
St. Paul's Episcopal Church
520 Summit St.
Winston-Salem, NC 27101-1195



History and Holy Spaces: A Guided Tour of the Art and Architecture of St. Paul's

WHEN: Sun, Jun 18 from 2-3:15 pm | **WHERE:** The Nave



All are welcome for a guided tour of the art and architecture of St. Paul's Episcopal Church in Winston-Salem. Tours are offered on the third Sunday of each month, are free of charge, and are open to the general public. A docent leads each tour, and the 75-minute program covers St. Paul's nave, chapel, Colhoun Room fresco, as well as the parish's unique role in Winston-Salem's civic and architectural history. To join this month's tour, sign up at bit.ly/StPaulsTours and meet us at 2 pm in front of the church doors on Summit St. in Winston-Salem's historic West End. Questions? Contact Jason Franklin at jfranklin@stpauls-ws.org.



Sponsor a Camper: Summer Enrichment 2023

This year we are asking you to consider sponsoring a camper! You can sponsor a camper for a day (\$50), a week (\$100), or for the entire month (\$500). Thank you for your generosity in supporting Summer Enrichment, and allowing us to continue to offer a month-long camp full of extraordinary activities, at no cost to our campers and their families. You can give by check to St. Paul's, with Summer Enrichment in the memo line, or online via the Tithely button.

parish life

Sacred Rituals



Ash Wednesday

On this day, the Celebrant begins the liturgy with the Salutation and the Collect of the Day.

Let us pray.

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Old Testament Joel 2:1-2, 12-17, or Isaiah 58:1-12

Psalm 103, or 103:8-14

Epistle 2 Corinthians 5:20b-6:10

Gospel Matthew 6:1-6, 16-21

After the Sermon, all stand, and the Celebrant or Minister appointed invites the people to the observance of a holy Lent, saying

Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a

season of penitence
a time in which we
Baptism. It is a
notorious sinners
were reconciled
the fellowship
was put in motion
forth in the
Christians o

I invite you, to
observance of
by prayer, fasting
meditating on
of repentance
kneel before

Silence is then

If ashes are to be used
Almighty God, our
earth: Grant us
mortality and
only by your
through Jes

The ashes are to be used
Remember

The following

parish life

Lent 2023 | Vol 51, Issue 1

Parish Life, the official publication of St. Paul's Episcopal Church in Winston-Salem, NC, seeks to share stories from parishioners, staff, and clergy that examine society, challenge conceptions, and build compassion for our neighbors.

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SACRED RITUALS

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Liturgy for
Living in Lent

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LITURGY FOR LIVING IN LENT

The Rev. Dr. D. Dixon Kinser

Last year I got to write the copy for a “What We Believe” section of the new St. Paul’s website. It was explained to me that a page like this is important because it helps people curious about St. Paul’s identify what kind of church community we are and where we are coming from. However, as much as I am pleased with what I wrote, all I wanted to do was just put a link to the online Book of Common Prayer. This is because the prayer book is what we believe.

As Episcopal Christians our theological heritage is unique because it is bound up with our prayer book. When Henry VIII died, his Archbishop of Canterbury, Thomas Cranmer, began work on the first Book of Common Prayer, which he completed in 1549. This is significant because Cranmer’s first move in defining this new church is not to write a doctrinal statement or theological manifesto. Instead, he writes liturgies. Yes, there were the 39 Articles of Religion (BCP pg. 867), but they would not be finalized for another twenty years! For Cranmer, those early days of the church seemed fit to be defined primarily by worship as outlined in the prayer book.

For this reason, Anglican Christians often use the phrase *lex orandi, lex credendi*. It means “the law of what is prayed is the law of what is believed” and it recognizes that our doctrines are inexorably bound up in our liturgies. The two are intertwined.

Ask anyone who lived through the last American prayer book revision of the 1970s, and they will tell you that changing how we pray really matters.

This is not surprising when you think about it. How we pray discloses what we believe at the deepest level of our faith. Our prayers reveal what we hold as true about God and what we trust that God is up to in the world. Our prayers also point the way for us to join God in that creation-wide repairing work. In this way, our liturgy shapes our living.

This issue of *Parishlife* is entitled “Sacred Rituals” because our emphasis during Lent will be to highlight the “why” behind some of our most familiar liturgies. May the articles contained herein and our programming this season deepen your worship of God and your love of your neighbor. And may knowing some more of the “why” make space for these liturgies shape all of our living in new and fresh ways.

Lenten Peace,

Dixon+



The Rev. Dr. D. Dixon Kinser is Rector of St. Paul's Episcopal Church.

FAITHFUL WORK

Laura Hoffman

‘**H**it the ground running’ seems to be my innate mantra, well at least for the past 35 years anyway. A little over a year ago, I started my position as Communications Coordinator for St. Paul’s. Having had previous work experience at a church I felt confident and easily ready to transition into this new role. Aside from the weekly Sunday bulletin preparation was the fact I quickly realized I needed a crash course in Episcopalian 101.

My real journey to becoming an Episcopalian had begun. Thank goodness for a most patient staff but also for the wonderful tools of the Lectionary Page, Music Rite and of course the Book of Common Prayer. It didn’t take me long to appreciate this little red book. It is the most comprehensive ‘how we work, serve, and worship’ guide I have ever encountered. I have realized if you don’t know what you need - look in the Book of Common Prayer!

During layout and production of the Sunday service bulletins (aka leaflets) I’ve realized one Rite doesn’t fit all whether it is for Sunday service, funeral, or wedding. Since coming on board, I’ve been provided an education in my new faith, all alongside attending formation classes in becoming Episcopalian, and a lifelong journey of faith. Our liturgical meetings held every Tuesday morning never cease to amaze me. I am in awe with the depth of knowledge both in the written word

as well as our ministers in music have that just seems to roll off their tongues. It proved to be a bit daunting at first however I was eager and ready to soak up everything I could. Many times, we (the staff) are reminded on what we do here is meaningful and valued. What is handed to our parishioners as they enter for worship is extremely important to me and I want that bulletin to be as perfect or close to it as possible.

Boundaries where creativity is concerned can be frustrating, but the challenges can be equally liberating. Finding a pleasing cover design for special services such as Easter and Christmas -follow the infinite rule ‘keep true to your roots’ in this case, St. Paul’s almost 100-year history. When introducing new creative design, especially to a church, it is important to be mindful of tradition and certainly your demographic. Patience, understanding, and the ability to take baby steps is a most helpful trilogy.

Having literally become a part of St. Paul’s has truly been a blessing. I love that I get to practice my newfound faith on a daily basis and then I am lucky enough to see it come to fruition each Sunday.



Laura Hoffman is the Communications Coordinator at St. Paul’s.

OUR SACRAMENTAL LIFE

The Rev. Lucy Strandlund

“**T**he sacraments are outward and visible signs of inward and spiritual grace.”

This definition of “sacrament” is a familiar one, learned in most confirmation classes and found on p. 857 in the Book of Common Prayer. There are two great sacraments that we encounter often: Holy Baptism and Holy Eucharist. There are five additional sacramental rites that we encounter less often: confirmation, ordination, holy matrimony, reconciliation of a penitent, and unction. But no matter the rite we are talking about, there is more going on than meets the eye—that inward and spiritual grace previously mentioned. In Eucharist, it may look like we are simply saying words at an altar and then receiving a tiny wafer and sip of wine, but we are really living into our union with Christ and with one another at this foretaste of the heavenly banquet. In baptism it may look like we are simply gathering around a basin of water, but we are really recognizing new members of Christ’s Body, the Church, and celebrating new life in Christ. In each of these rites, we do our part while knowing that God is doing much more in us that is not yet visible to our eyes.

When the words and actions are very familiar to us, we are liable to overlook the profound mystery we are celebrating. Or if we are caught up in the mystery of it, we may have practical questions we don’t get to ask—why do you cross yourself that way, at that particular point in the service? How come baptism involves both water and anointing with oil? Is it special oil? What exactly is “reconciliation of a penitent?” What do Episcopalians believe about “unction” or anointing the sick with oil and laying on of hands?

In the Episcopal Church we are part of a beautiful tradition in which we get to both revel in the mystery and beauty of the sacraments while also asking questions and probing more deeply into our faith. Asking our questions enriches our understanding of the meaning and intention packed into these rites and helps us see how we might more closely engage with them.

This Lent, as we prepare for Holy Week and Easter, we have several ways you can engage with the sacraments and sacramental acts. Our daily Eucharist at noon at the side altar in the Nave provides a way to experience a pared-back Eucharist in a smaller setting. Our Sunday morning Adult Forum will provide a way to discuss what it means to be a Christian, particularly when it comes to baptism, Eucharist, the Bible, and prayer, through the lens of Rowan Williams’ *Being Christian*. And in our Wednesday night program we will be walking step-by-step through baptism, Eucharist, the marriage rite, the rite of reconciliation of a penitent, and ministration at the time of death and burial. It is a great time to stop and wonder and ask your questions, so that we may perhaps arrive on Easter morning with a richer sense of that “inward and spiritual grace” God so abundantly offers.



The Rev. Lucy Strandlund is Associate Rector for Liturgy and Pastoral Care.



Concerning the Service

Holy Baptism is full initiation by water and the Holy Spirit into Christ's Body the Church. The bond which God establishes in Baptism is indissoluble.

Holy Baptism is appropriately administered within the Eucharist as the chief service on a Sunday or other feast.

The bishop, when present, is the celebrant; and is expected to preach the Word and preside at Baptism and the Eucharist. At Baptism, the bishop officiates at the Presentation and Examination of the Candidates; says the Thanksgiving over the Water; [consecrates the Christ] reads the prayer, "Heavenly Father, we thank you that by water and the Holy Spirit," and officiates at what follows.

In the absence of a bishop, a priest is the celebrant and presides at the service. If a priest uses Christ in signing the newly baptized, it must have been previously consecrated by the bishop.

Each candidate for Holy Baptism is to be sponsored by one or more baptized persons.

Sponsors of adults and older children present their candidates and thereby signify their endorsement of the candidates and their intention to support them by prayer and example in their Christian life. Sponsors of infants, commonly called godparents, present their candidates, make promises in their own names, and also take vows on behalf of their candidates.

It is fitting that parents be included among the godparents of their own children. Parents and godparents are to be instructed in the meaning of Baptism, in their duties to help the new Christians grow in the knowledge and love of God, and in their responsibilities as members of his Church.

Additional Directions are on page 312.

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Concerning the Service

The death of a member of the Church should be reported as soon as possible to, and arrangements for the funeral should be made in consultation with, the Minister of the Congregation.

Baptized Christians are properly buried from the church. The service should be held at a time when the congregation has opportunity to be present.

The coffin is to be closed before the service, and it remains closed thereafter. It is appropriate that it be covered with a pall or other suitable covering.

If necessary, or if desired, all or part of the service of Committal may be said in the church. If preferred, the Committal service may take place before the service in the church. It may also be used prior to cremation.

A priest normally presides at the service. It is appropriate that the bishop, when present, preside at the Eucharist and pronounce the Commendation.

It is desirable that the Lesson from the Old Testament, and the Epistle, be read by lay persons.

When the services of a priest cannot be obtained, a deacon or lay reader may preside at the service.

At the burial of a child, the passages from Lamentations, 1 John, and John 6, together with Psalm 23, are recommended.

It is customary that the celebrant meet the body and go before it into the church or towards the grave.

The anthems at the beginning of the service are sung or said as the body is borne into the church, or during the entrance of the ministers, or by the celebrant standing in the accustomed place.

The Burial of the Dead: Rite Two

All stand while one or more of the following anthems are sung or said. A hymn, psalm, or some other suitable anthem may be sung instead.

I am Resurrection and I am Life, says the Lord.
Whoever has faith in me shall have life,
even though he die.
And everyone who has life,
and has committed himself to me in faith,
shall not die for ever.

As for me, I know that my Redeemer lives
and that at the last he will stand upon the earth.
After my awaking, he will raise me up;
and in my body I shall see God.
I myself shall see, and my eyes behold him
who is my friend and not a stranger.

For none of us has life in himself,
and none becomes his own master when he dies.
For if we have life, we are alive in the Lord,
and if we die, we die in the Lord.
So, then, whether we live or die,
we are the Lord's possession.

ptism

whom may be sung.

, the Celebrant says

be God: Father, Son, and Holy Spirit.
essed be his kingdom, now and for ever. Amen.

n, from Easter Day through the Day of Pentecost

Christ is risen.
rd is risen indeed. Alleluia.

r pentecostal occasions

Lord who forgives all our sins.
rcy endures for ever.

continues

s one Body and one Spirit;
s one hope in God's call to us;
rd, one Faith, one Baptism;
od and Father of all.

rd be with you.

so with you.

pray.

Holy Baptism 299

SEASONS OF OUR SPIRITUAL LIFE

The Rev. Sara Ardrey-Graves

Bryan Stevenson, civil rights activist and attorney, said in his powerful 2012 TED talk, “There is power in identity. When we create the right kind of identity, we can say things to the world around us that they don’t actually believe makes sense.”

What we believe about ourselves has power. Whenever we see ourselves, and notice what we deeply believe, we become aware that our identities are shaped by all sorts of motivations and dreams and failures. Choosing the “right kind of identity,” then, is to hold fast to the experiences that ground us. We can choose to listen to the voices in our lives that remind us of our unique belovedness in God. This Christian identity can inform how we interact with the world, which, as Stevenson says so eloquently, can point to deeper truths that the world doesn’t give much authority to.

Continue >

Getting there, though, is hard work. Claiming your Christian identity doesn't come naturally, and neither does self-awareness. I think it takes a lifetime of formation. It also takes giving yourself the grace that spiritual growth looks wildly different from one person to the next, or even in one season to the next. I was really struck by this truth several years ago in a previous parish, when I taught a youth confirmation class. There were two girls in the group with very different entry-points to Christian identity. One girl never missed a class, asked probing questions, and usually already knew the answers. She was the sort of kid who always got straight As, and liked being the smartest person in the room, but clearly loved church. The second girl also never missed a class, but maintained a quiet, absorbing posture to our discussions. You never knew what she thought, because she reflected quietly and listened deeply. One day, the second girl broke her own silence and spoke up when we were talking about the Baptismal Covenant and respecting the dignity of every human being. She shared with the group that she was wrestling with her beliefs. She experienced divisiveness among her Christian classmates, and was feeling the tension of how her family had always taught her to care about the civil rights of all people. We talked together about Confirmation as a claiming of both what who we have been raised to be, and our faith in Jesus Christ. It was brilliant moment of clarity brought about by inner struggle. By telling the truth, she synthesized not only her story, but the story of all of us.

The spiritual life can be lived somewhere between these two perspectives. We like it when we get

to be the person who can answer every question correctly, someone who thinks practically, works hard and gathers knowledge on a subject. We are a part of a faith with a long history of theology that affirms our intellectual engagement with our faith. We also spend a fair amount of our spiritual lives struggling with uncertainty. Christian identity includes seasons when we grapple and question, finding truth in synthesizing different perspectives. We do this whenever we embrace the parts of ourselves that are unfinished and messy.

As our parish looks ahead to a new year of Christian formation, I hope we can address the needs of both these perspectives as we grow in faith together. I hope our classes can provide paths for quiet reflection and also bold discussion. I hope we can satisfy our thirst for knowledge and also feed our hunger to connect. And as we consider our involvement in the wider community, I hope that our actions in the world can be informed by intentional contemplation of God's love for us.

To that end, we have an exciting lineup of offerings for Lent adult formation. We will launch this holy season with an intergenerational Quiet Day retreat on Saturday, March 4. The Life of Prayer will be time for our community to reflect on our identity as worshipers of God in our daily lives. The Quiet Day will include meditations on creative practices of prayer and a chance to put them to use in our beautiful spaces on campus at St. Paul's. We'll conclude our time with Eucharist in the Nave.

The Wednesday night suppers, beginning March 1, will feature the series *Doing the Rite Thing* led by our clergy. Have you ever wondered why we do the things we do in church? This is the place to bring all your questions. Rituals are an important part of our Christian identity, from the familiar liturgies of baptism and Eucharist to the services you don't see as much, like marriage, confession, and burial. How we lead these sacred rituals reveal who we are as God's people. Each week we're going to present one of these liturgies and break down each part for discussion, so come ready to participate!

On Sunday mornings, we will read and discuss the book *Being Christian* by Rowan Williams, which gives a theological backbone to our understanding of Christian identity. From our life in baptism to our participation in Christ's Body through the Eucharist, Williams gives special attention to the ways the practices of the Church inform the way Christians live their lives. The format for this discussion will be small groups, so we can learn from each other's wisdom more directly.

Finally, our Sacred Land, Sacred Story pilgrimage team will be beginning its group work in preparation for the trip in April. Our monthly seminars

are open to anyone who would like to attend, even if you're not going on the trip. We have some great speakers lined up! Starting in February, the Rev. Dr. Brooks Graebner, Linda Browne, Langdon Oppermann, and members of the Guilford County Remembrance Project will each offer a lecture on our racial history in North Carolina. Please join us once a month on Sunday afternoons at the Station to delve deeply into our Christian identity regarding racial reconciliation.

This new season is a great opportunity to think about your own "right kind of identity" as Stevenson says. What voices have told you who you are? How can you claim voices of affirmation and let grounding moments guide your steps along the way? Identity is powerful. Whether you are a learner and thinker, or a doubter and a wrestler, I hope you will join me in reflecting on the ways God speaks to you through the events of your life, your belovedness in Jesus, and your place in the vibrant life of the church.



The Rev. Sara Ardrey-Graves is Associate Rector at St. Paul's.

SACRED HOSPITALITY: TRANSFORMATION OF THE ORDINARY

The Rev. Nancy Vaders

Sometimes I light the candles on my dining room table for an ordinary weekday meal with my family. Not for any special occasion, but just as a reminder that this regular weeknight meal is actually a sacred time with the people I love. My youngest likes to blow out the candles at the end of the meal, and she takes her job very seriously. Sometimes a mundane act, like eating meatloaf on a Thursday, something done out of habit, can help remind us that this ordinary time in these ordinary days can still be sacred.

During our Sunday liturgy, I often get to “set the table” for the Eucharist. It’s the same thing I do most Sundays, but it’s a chore that I cherish.

When the bread is set on the altar, and the wine is poured into the chalice, I feel honored to help prepare this sacred space for a meal that we will all share, a meal that will remind us of God’s promise of salvation, and renew us to go back out into the world and share that promise with our neighbors. Through our liturgy, these seemingly mundane actions take on a completely different identity.

During Lent, our outreach work at St. Paul’s will focus on small acts of sacred hospitality. Seemingly mundane tasks like cooking and serving a meal, setting a table, and helping someone with their laundry, will offer us all opportunities to see our work in the world differently. Whether you’re signing up to cook a meal at the Center of Hope, helping a child with their homework at Kids Café, or loading quarters into a washer at Laundry Love, you are practicing sacred hospitality. And that hospitality isn’t only for those we serve, but an invitation for us to see action and service differently, not as something we do as a good deed, but as a part of our own spiritual practice. Thank you all for engaging in service during Lent, and for finding small acts of sacred hospitality in the work that we all do together at St. Paul’s, and in our community.



*The Rev. Nancy Vaders
is the Director of
Outreach and Deacon
at St. Paul's.*

LENT

For this issue of Parish Life, we wanted to highlight different outreach, worship, formation and fellowship opportunities being offered in this season of Lent. This represents just some of the offerings this season. Visit our www.stpauls.org for more info.

† ASH WEDNESDAY

Wed, Feb 22 at 7:30 am, 12 and 5:30 pm in the Nave

Join us at the start of Lent for a service of the Imposition of Ashes and Holy Eucharist. Children's Program and childcare will be available for the 5:30 pm service.

○ SERVE AT THE WINSTON SALEM STREET SCHOOL

Feb 28, Mar 28, Apr 25, May 16 at 12:15 pm

Volunteers are needed. The Winston Salem Street School is a non profit high school for alternative students, and is our neighbor just down the street on 6th St. Please deliver meals hot and ready to serve. We will stay and help serve the students. Sign up at bit.ly/WSSSlunch

F ADULT FORUM: BEING CHRISTIAN

Sundays in Lent at 10:15 am in the Colhoun Room

What does it mean to be a Christian? What gives us grounding? This Lent we will explore important fixtures of Christian identity: baptism, scripture, Eucharist, and prayer. The book *Being Christian* by former Archbishop of Canterbury Rowan

Williams will give us a theological backbone to our discussion. His writing gives special attention to the ways the practices of the Church inform the way Christians live their lives. The format for this adult forum will include a brief video meditation from Archbishop Williams, and sharing in a guided discussion on the topic in small groups. Copies of the book will be available for purchase in the St. Paul's bookstore if you'd like to read along.

DOING THE RITE THING F 👤

Wednesday Night Series in Lent, Dinner from 5:30 - 6:15 pm, program from 6:15 to 7 pm, in the Colhoun Room

Have you ever wondered why we do the things we do in church? This is the place to bring all your questions. Rituals are an important part of our Christian identity, from the familiar liturgies of baptism and Eucharist to the services you don't see as much, like marriage, confession, and burial. How we lead these sacred rituals reveal who we are as God's people. Each week we're going to present one of these liturgies and break down each part for discussion, so come ready to participate!

F THE LIFE OF PRAYER QUIET DAY RETREAT*Sat, Mar 4 from 9:30 am to 1 pm at the Station*

The Life of Prayer will be time for our community to reflect on our identity as worshipers of God in our daily lives. This Quiet Day will include space to be still and breathe, brief reflections on creative practices of prayer, and a chance to put them to use in our beautiful spaces on campus at St. Paul's. We'll conclude our time with Eucharist in the Nave. Please register by emailing the Rev. Sara Ardrey-Graves at sardrey-graves@stpauls-ws.org.

F SACRED LAND, SACRED STORY LECTURE SERIES*Sunday afternoons on Mar 19, Apr 23, and May 21 from 2:30-3:30 pm at the Station*

Our pilgrimage team is getting ready for our trip in April with some educational and spiritual work, preparing our hearts to witness the realities of our shared racial history both before and after the Civil Rights movement. Several great speakers will lead us to consider our own complicated history across North Carolina, the role of the church, and the work we have to do. Starting in February, the Rev. Dr. Brooks Graebner, Linda Browne, Langdon Oppermann and members of the Guilford county Remembrance Project will each offer a lecture on our racial history in North Carolina. These monthly seminars are open to anyone who would like to attend, even if you're not going on the trip. Please join us once a month on Sunday afternoons at the Station to delve deeply into our Christian identity regarding racial reconciliation.

O CENTER OF HOPE VOLUNTEERS NEEDED*Thursdays in Lent at 4 pm*

Each week we need volunteers to bring prepared food and someone to meet the volunteers to receive donations. The Center of Hope is the only shelter for families with children in Winston-Salem.

TAI CHI FUNDAMENTALS CLASS *Thursdays through Mar 9 from 1:30-2:30 pm in the Colhoun Room*

There is evidence that regular practice of Tai Chi, often called "meditation in motion," can improve balance, boost brain function, enhance fitness, reduce stress, increase flexibility, and foster social connections. This class will be taught by Sandy Seeber and David Harold, who are long term practitioners, students, teachers, and conference presenters at the national level. There is no charge for this class, although donations to St. Paul's Seniors are welcome. This class will meet on Thursdays at 1:30-2:30 pm through Mar 9. Chairs available as needed. To learn more, contact Anne Rahn at 336-749-4906 or arahn@stpauls-ws.org.

OUTREACH: WINTER OVERFLOW SHELTER *Mon, Mar 13 from 6:30 to 8 pm*

We will once again be partnering with Augsburg Lutheran and City With Dwellings to provide dinner at the Men's Homeless Overflow Shelter this Winter. Dinner Volunteers provide our guests a hot meal in an atmosphere of hospitality. Dinner Volunteers bring an entree and side dish/es and dessert. This is a wonderful opportunity to serve and partner with our neighbors.

LAUNDRY LOVE *Every 3rd Tuesday from 6 to 8 pm at Fresh Spin Laundry*

Laundry Love is a collaborative ministry with St. Anne's and the Wake Forest Episcopal Students. With a grant from the Diocese, we can pay for folks to do their laundry while also providing dinner and hospitality. It's a wonderfully unique ministry that shows up to meet folks where they are and we need your help. Sign up at bit.ly/SPLaundryLove

Holy Week & EASTER

PALM SUNDAY

Apr 2 at 7:30, 9, 11:15 am and 5 pm

HOLY EUCHARIST

Apr 5 at 12 pm

MAUNDY THURSDAY

Apr 6 at 12 pm at 5:30 pm (with foot washing)

GOOD FRIDAY

Apr 7 at 12 pm

OUTDOOR STATIONS OF THE CROSS

Apr 7 at 5:30 pm

HOLY SATURDAY

Apr 8 at 12 pm

THE GREAT VIGIL OF EASTER

Apr 8 at 5:30 pm

EASTER DAY

Apr 9 at 7:30, 9, 11:15 am and 5 pm



Poverty Simulation

On Sun, Mar 26 from 3-5 pm St. Paul's will be the site for a poverty simulation. Have you ever wondered why it seems so difficult for some people to escape poverty? A poverty simulation allows us to step out of our daily lives and walk in the shoes of families living near the poverty level. The simulation is a guided experience that exposes us to the realities of poverty. In our simulation, you will assume the role of a low-income family member in a community of 50 people trying to meet your obligations over four 15-minute "weeks". Space is limited, so please visit bit.ly/PSstpauls to RSVP.



Mills Reece



Audrey Vaders



MINISTRY MEMBER SPOTLIGHT: ST. PAUL'S YOUTH CHOIRS

Dr. Mark Ardrey-Graves

Mills Reece joined the St. Paul's Novice Choir in the fall of 2021 as a First Grader. Her two older sisters, Ann Briton and Mary Charles, also sang in Novices with Mills this past year, but have graduated up to the Choristers. So, come this fall, Mills will hold her own as a veteran Novice Choir leader. Mills loves singing in Novices and rarely misses a rehearsal or service. What's her favorite part? It's hard to name just one thing! She says, "I like to process in with the clergy and the big choir, because you see everybody and my family gives me a high five! Being part of the service is fun. Also you get to eat dinner at church [on Wednesdays], and Ms. Denice makes really good tacos! Ms. Anne [Armfield, one of our dedicated Novice Choir adult volunteers] brings you cupcakes for your birthday!!"

Mills acknowledges that Novice Choir is more than just a fun thing to do with delicious snacks: it's also a great place to learn a lot about music, both the parts that are specific to our Episcopal tradition, and also the nuts and bolts of how music works. In her own words, "Novice choir has taught me a lot about church music, which is really pretty. And it's taught me a lot about music notes, and it helped me with my piano lessons! When I did piano lessons I knew more than a lot of other beginners."

Mills also believes that the Novice Choir is the perfect context for kids to take part in the life of our Church's worship. "I like being a part of the service and being a leader in our church."

Audrey Vaders has been a member of the St. Paul's Choristers since the fall of 2018, when she was in the fourth grade. Now a rising eighth grader, she continues to be an active member of the group, usually attending rehearsals on Tuesdays. She has earned the Light Blue (Level 2) Royal School of Church Music achievement ribbon, and is nearly finished with her Dark Blue (Level 3) track.

When asked about why she enjoys Choristers, Audrey responded, "My favorite part about being a Chorister is being a part of the church service. Being able to sing in the choir stalls, and seeing everyone, is a great way to start the day." Audrey has stepped forward as a leader in the choir. In December 2019, she sang in the Trio for "Once in Royal David's City" at the annual Festival of Nine Lessons and Carols, and also sang in a trio for Christmas Eve in 2021. This past May, she was one of three Treble Choristers from St. Paul's (along with two of our high school choir alumni) who participated in a Choral Evensong for Ascension Day along with singers from RSCM-affiliated church choirs across the NC Piedmont. That event struck a chord with her: "My most memorable moment is when we got to go sing at Duke Chapel! I loved singing in such a beautiful space, and singing with all the other choirs that were gathered there."

Participating in Choristers is more than just fun for Audrey, though: it's also something that brings her closer to God. As she says, "Being a Chorister has strengthened my relationship with God because when I'm singing, I am in the moment and connected with God through music."



ST PAUL'S

EPISCOPAL

Currently, St. Paul's has many ways to worship, both in-person and online. Our regular Sunday service times until Memorial Day are 7:30 am (Rite 1), 9 am (Rite 2), 11:15 am (Rite 2), and 5 pm (Rite 2 or Evensong). Online Sunday worship is at 11:15 am.

VISIT US

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CONTACT US

Phone: (336) 723-4391
Web: stpaulsws.org
Email Sign-up:
bit.ly/3CSs9mj

SOCIAL MEDIA

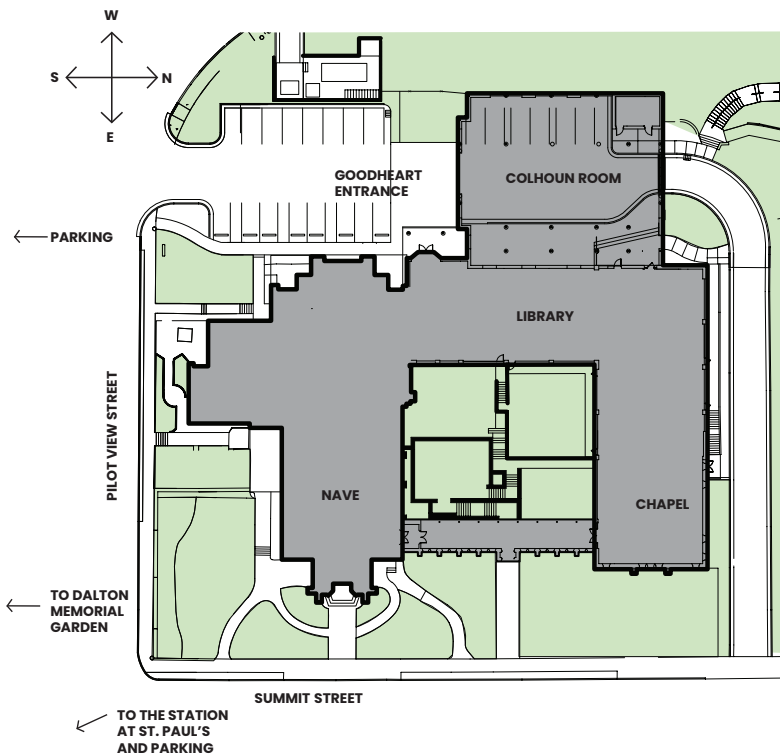
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ABOUT ST. PAUL'S

Glorify, Inspire, Serve, and Transform

St. Paul's is a vibrant parish family that strives first to follow Christ. We are a large, downtown congregation in Winston-Salem, North Carolina with a long history of moving worship, active Christian formation, and transformational outreach. St Paul's offers both sanctuary and challenge. It is a church grounded in the grace of God that seeks to bring God's love and light into the world. We gather together so that we may go out into the world, radically loving our neighbors.



TRANSITIONS

BIRTHS

Marion Margaret Starnes

April 22, 2022

Daughter of Sarah & Kenny Starnes, sister of Nell and Mae

Charles Lucian Crockett V

August 20, 2022

Grandson of Carole & Rick Murray

Gray Whitten Elrod

September 26, 2022

Son of Meredith and Adam Elrod and brother of Thomas Elrod

Henry David Tamer

November 14, 2022

Grandson of David and Vicki Tamer

Riley Elizabeth Farnell

November 16, 2022

Daughter of Holly and Edward Farnell and granddaughter of Cathy and Er Ralston

Louise Barlow Clark and Lucy Joyner Clark

December 12, 2022

Daughters of Alice Day and Frank Clark, sister of Frank Clark and granddaughters of Henri and Royall Brown

James Arthur Bagg

January 5, 2023

Son of Rachel and Jon Bagg

BAPTISMS

Lucy Elizabeth Hallman

November 6, 2022

Daughter of Molly and Cameron Hallman

Charlotte Elizabeth Keiser

November 6, 2022

Daughter of Sarah and Kristopher Keiser

Margaret Ann Keiser

November 6, 2022

Daughter of Sarah and Kristopher Keiser

Daniel Breeden Pitt

November 6, 2022

Son of Anne and Dixon Pitt

Evelyn Rose Thomas

November 6, 2022

Daughter of Rachel and Hunter Thomas

Fiona Artemis Hulten-Stroop

November 6, 2022

Daughter of Ali and Bryan Hulten-Stroop

Sarah Ruth Taylor

January 8, 2023

Daughter of Allison and Brinson Taylor

Olivia Ray Kelly

January 8, 2023

Daughter of Leigh and Sterling Kelly

William Hyde Ray

January 8, 2023

Son of Lela and Davis Ray

NEW MEMBERS

Vianne and Bob Piper

Sally and Joe Todd

Katie and Daniel Allen and son Niles

Stephanie and Richard Dunnington

Lisa and Earl Swope

Jeff Worth

Elizabeth and Kip Power

Gail Marshall

MARRIAGES

Emily Frances Rowell and Jonathan

Lawrence Barnett

October 15, 2022

Margaret Duffy Mason and William

Keith Geeslin

December 10, 2022

DEATHS

Elisabeth (Liz) Dodds Vinson

October 15, 2022

Wife of Ron Vinson

David Legarde McCullough

October 17, 2022

Husband of Carroll McCullough.

Roy Oscar Rodwell

October 19, 2022

Father of Nancy Tuohy, grandfather of Partick and William Tuohy.

John W. Hammon

October 21, 2022

Husband of Lisa Hammon

Carolyn Cox

October 22, 2022

Mother of Terry Cox

Timothy Joseph (Joe) Watts III

October 22, 2022

Husband of Katherine Watts, father of Jack, Lee, Nell, and Anna Katherine Watts

Henry Andrew Brown

October 23

Husband of Pat Brown

Dorothy Pritchard

October 24, 2022

Mother of Thomas Pritchard, mother in law of Gail Pritchard and mother of Louise Pritchard

Barbara Neal Shull

November 10, 2022

Mother of Betty Butler and mother-in-law of Norman Butler

Richard LLOYD Peyton

November 11, 2022

Children grew up here, husband to Judy Peyton (deceased)

James William McGee

December 02, 2022

Brother of John McGee and brother in law of Skinner McGee

Robert Franklin (Frank) Howard

December 11, 2022

Husband of Deb Howard

Robin Groce Fulk

December 22, 2022

Former member of St. Paul's and staff of SPP, daughter of former members Fred and Cindy Groce

Roberta (Pat) Fitzhugh Michal

December 26, 2022

Patricia Tankard Brown

January 1, 2023

Mother of Bruce Brown, Andy Brown

Emily Amburn

January 12, 2023

Mother of Greer Cawood, mother in law of Scott Cawood and grandmother of Emmie Cawood

Katherine Jacob

January 23, 2023

Mother of Joyce Jacob-Mua, mother in law of John Paul Mua and grandmother of Louis-Patrick and Izoma Mua

Albert Louis Butler, III

January 26, 2023

Husband of Agnes Butler, father of David and Bill Butler

Michael Mitchell

January 26, 2023

Father of Amanda Wils, father in law of David Wils

Ellen Ringer

February 3rd, 2023

Sister of Myra Bonner

Barbara Watson Douglas

February 10, 2023

Wife of Bob Douglas and mother of Stewart and Andrew

parish life

Lent 2023 | Vol 51, Issue 1

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the matchUp

The MatchUp is a storytelling podcast from St. Paul's where you decide who shares the most compelling story! New episodes come out each week!

UPCOMING EPISODES:

The Most Interesting Lenten Practice
The Best Church Mystery
The Most Revolutionary Anglican



parish life

Good Works



parish life

Fall 2023 | Vol 51, Issue 3

Parish Life, the official publication of St. Paul's Episcopal Church in Winston-Salem, NC, seeks to share stories from parishioners, staff, and clergy that examine society, challenge conceptions, and build compassion for our neighbors.

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Transitions

*Command them to do good,
to be rich in good deeds
and to be generous and willing to share*

1 Timothy 6:18



*(above) Watercolor by
Melissa Rogan*

GOOD WORKS AT ST. PAUL'S

The Rev. Dr. D. Dixon Kinser

Six years ago, I did something I had never done, and I recorded a Welcome Video for newcomers to the church. We featured the video on the front page of our website, but I could never have known that the final line I delivered, "We are St. Paul's, and this is what we do," would become an unofficial motto for the parish. Since then, I have used this line during the announcements in church, at annual meetings, and in numerous ParishLife articles. I think it remains relevant because St. Paul's is a "doing" kind of church.

I am never more aware of this than at the end of each summer as we head into a new program year. The anticipation of new ministries launching, current ministries returning, and choirs rehearsing again fills the campus with a crackle and kinetic energy. However, it is important to remember that all things we "do" at St. Paul's are ways we join in something bigger than ourselves. The ministries we engage in and the work we do is not our mission per se, but instead the way we participate in God's mission in the world.

I hope you will take time to consider how you might join God's healing work through a ministry at St. Paul's this year. In fact, if you have not already, this issue of ParishLife is geared to resource you for that discernment. The articles herein feature new programs like "The Lantern Initiative" and returning ministries like VBS and Outreach and reflect just a sliver of all that God is doing in and through the parish. In all of it, however, I never want to stop giving thanks for God's good work in Jesus Christ. The good works we get to do join in that work and as a result contribute to the healing of the world.

We are St. Paul's, after all, and this is what we do.

Grace and Peace,

Dixon+



The Rev. Dr. D. Dixon Kinser is Rector of St. Paul's Episcopal Church.



SUMMER ENRICHMENT: A REFLECTION ON GOOD WORKS

Aliasha Oakes

As I reflect on more than two decades of affiliation with this parish, the genuine compassion shown by those who seek to be God's hand and feet resonates most profoundly in the Summer Enrichment Program. My first encounter with the program must have happened by divine appointment. I was in the right place at the right time in 1995 when Mandy London invited me to volunteer to do a fitness activity. We were in a registration line for classes at my beloved Winston-Salem State University, and even there she was doing the good work of this ministry, looking for enrichment opportunities for the children of the program. She did what needed to be done behind the scenes, and just like that, I was right outside the current choir loft teaching aerobics to a group of enthusiastic young people.

Working as a middle school teacher years later, I was made aware of the need for an assistant director of the Summer Enrichment Program. Needless to say, I was moved to apply and interview for the position. Vernon Cloud was the program director at that time, and he made it crystal clear, during that interview, that I was asking to participate in fast-paced, rigorous summer work with children and young adults. There would be administrivia including meetings

to attend and lots of phone calls to make. I would hear Matthew West's song, *Do Something*, years later, and I believe that whatever I said or did in that interview must have reflected my desire to become aligned with this community of doers.

It was up to Gena, Anne, a vestry representative, and a few other pillars of the Summer Enrichment Program to offer me the position. They did, and I would go on to assist two directors in two summers. The first is retired. The second resigned. Gina and the others remained constant, carrying out the work of what was then the Summer Enrichment Board. The director position was now open. I applied, and so, my divine appointment continues.

The day of the interview, I noticed another applicant, who I had met days prior at a basketball game where his daughter and mine were playing on opposing teams. He ran the clock for his team, and I kept the books for mine. We were seated at the same table for both that game and the subsequent interview. Rhett and I have been on the same team, praying the same prayer, working for the same purpose ever since as leaders of the Summer Enrichment Program.

Every spring since the new millennium, Rhett and I have held interviews, telling young people of The Rev. Dudley Colhoun's vision to extend St. Paul's ministry to the Thurmond St. community. In 1972, that vision became the Summer Enrichment Program, now celebrating fifty-one years of sharing willfully where generosity is needed. In an article I once read in Forbes Magazine, Nell Derick Debevoise, Senior Contributor, attributed success to this formula. $Success = (Growth \times Purpose) \wedge Self$. The St. Paul's community clearly understands this formula.

The Summer Enrichment Committee, headed at different times by Gina, Carol, Vicki, and Lisa exemplifies the turbocharged ability for which the success of the program can be attributed. One would marvel at the efficient collaboration of this committee in the oversight of program pre-planning. Similar acts of selflessness permeate throughout the St. Paul's community. Volunteers who give selflessly to prepare meals, facilitate classes, chaperone field trips, or make benevolent contributions, and the church staff who take calls from families, prepare meals, fuel the buses, and ensure a beautiful facility for programming are all significant community members and contributors to the success of the Summer Enrichment Program.

Rhett and I have been privileged to have been embraced by this loving St. Paul's community and grow in compassionate leadership of this ministry. We remain in constant reflection of our role in making every summer meaningful for the children, their counselors, and the community of volunteers who contribute to the success and longevity of the program. Through the lens of discipleship, we lean into our professional experiences in classrooms to see the value of each participant and the communities they represent, welcoming them to celebrate their place in the kingdom as it is written in the gospel of St. Matthew 19:14.

This past summer, Jaylen, a rising tenth-grader who has participated in the Summer Enrichment Program since first grade, tearfully shared what being part of this program has meant to him. He had asked days prior to share a devotion as part of our closing day celebrations. This had never happened before. Participants are not expected to lead devotions. Nonetheless, as he prepared to share his devotion, Jaylen said, "This camp has really brought me a lot of happiness and joy... I love you all." His devotional question, "What in the world gives you guys hope?" Replies back included Christmas and making somebody happy. For Jaylan, "Hope in the world is seeing people overcome their differences... and watching the smile on their face when they do." Reading from Romans 15:13, Jaylan left us all filled with hope.

Societal shifts, community changes, and family dynamics can require this community of Summer Enrichment Program workers and supporters to make divergent investments of time and resources to remain relevant and engaging. Still, the work goes on, all to the glory of God, and the reach of the Summer Enrichment Program continues, extending the kingdom in communities where we have been called to leave our footprints. The work lives in the songs and chants of the children, like Jaylen, who will teach their children and also tell the stories of those four weeks in July at St. Paul's. "For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them." Ephesians 2:10



Aliasha is Director of Kids' Café and Summer Enrichment Program

THE LANTERN INITIATIVE
a light for your path



THE LANTERN INITIATIVE

The Rev. Sara Ardrey-Graves

“The spiritual life of any individual has to be extended both vertically to God and horizontally to other souls; and the more it grows in both directions, the less merely individual and therefore the more truly personal, it will be.” - Evelyn Underhill

If you’ve been at St. Paul’s for any length of time, you know that we are a busy church, full of opportunities to engage. We understand innately, as the quote above states, how the spiritual life involves a horizontal movement toward the wellbeing of other people. We are so good at building relationships not only with our friends and neighbors, but those who are different from us. We serve as outreach ministers and volunteer our time to serve the needs of marginalized communities. We create ministries for affinity groups. We build programs and camps for children and youth. We attend classes, and we use what we learn to go and build bridges and be the hands and feet of Jesus Christ in the world. It’s invigorating and exciting.

Our ever-present urge to action, however, leaves us spiritually dry at times. We feel overwhelmed. We get exhausted. We don’t leave a lot of space in our lives for silence, for contemplation, and for prayer. We forget that our spiritual lives must involve a vertical movement, that is, in the direction of awe and adoration, one that seeks stillness in the presence of God’s power, mystery, and love.

A church is a community passionately grounded in outreach, social action, and fellowship, but if we forget God’s part in that work, we are not very different from any other service organization. We might offer some usefulness to the world, but we are untethered, disconnected from our source of inspiration and unable to articulate the deepest desires of our hearts. We need places within the church where we can be vulnerable and tell the truth, to yearn for God’s presence and to rest in his goodness. The balancing of action and contemplation are two sides of the same spiritual coin, and everybody needs both.

Continue >

Starting in 2019, Dixon Kinser and I began to brainstorm comprehensive ways to address our church's spiritual needs. We envisioned a totally new ministry apart from our regular Christian formation offerings and fellowship gatherings – we saw a need for a focused initiative on spiritual growth. We started to include other leaders in the conversation, people in our congregation who are equally passionate about this kind of work. The group was comprised of priests and laity, teachers and spiritual directors, extroverts and introverts. Our gatherings would consist of a substantial time in prayer, and then we would dream together. Our conversations generated a bucket list of all the things we'd like to see St. Paul's offer for spiritual growth. We realized that we needed to widen the circle to include more voices, and starting in the fall of 2022, we hosted several "listening sessions" with a variety of people from the parish. These sessions involved dozens of members from St. Paul's who expressed desires for going deeper in their faith. Here's a glimpse of some of what was shared at our listening sessions, when the groups were asked the question, "What are you looking for?"

Villages with lots of connections. A place to tell our stories safely, For people who want to go deeper in their spiritual **journeys**, a broad array of programs for the support of spiritual development. seminars, pilgrimages and small groups. Ways to meet the spiritual needs of individuals **where they are**, on their own unique **paths**. A place to go at St. Paul's to find out what's next, after Sunday morning. resources for deeper discipleship and for taking the **next step** with God. A gathering of **pilgrims**, interested in growing closer to god through community and prayer. Everyone included: all ages and genders, in different **paths in life**. We want to learn from different perspectives and witness the **movement** of Christ in each other. Group spiritual direction and spaces for fostering spiritual friendship, retreat, and ways to **grow** through a Rule of Life. A place to find your **path to God**. We are about nurturance and wholeness, we foster growth in connection within ourselves and in the commu-

nity. A place of presence and hospitality. The **journey** aspect is important, as well as healing and **growth**. Discernment of lay ministry, ecumenical work, contemplative practice, prayer with and for each other, mentorship. A pilgrimage where I can be **transported** into thinking differently. For young parents, a desire for protected quiet time. A need to be fed, to have space to just be instead of leading. A way for us to get **creative energy**, to fill ourselves back up. A peaceful, quiet **refuge**.

The highlighted words reveal where our project began to take shape. We were supported by the talented guidance of Jason Franklin, who helped us see images in the recurring words above. Connecting the words journey, growth, path, and movement, a theme emerged. We realized we were meditating on a shared journey in faith, one that needed the support of God's illumination. We decided to name our work *The Lantern Initiative: A Light for Your Path*.

The Lantern Initiative will provide a focus for stillness and spiritual practice at St. Paul's, as we learn to let God be God in our messy and busy lives. There are several different formats to engage with this challenge, from Sunday afternoon seminars, to new small group encounters, and an annual parish-wide pilgrimage. Each fall and spring will also feature a Saturday retreat time together. Details of these offerings, with descriptions, dates and commitment level, can be found in the next few pages, and if these opportunities interest you, come join us! Everyone is invited to participate. Have you met a newcomer who wants to grow closer to God? Or maybe a long-time member who needs a different way to engage? Do you know of someone who doesn't go to church here, who hungers for spiritual growth? Invite them! This is truly for everyone that wants to go deeper in their faith. We would like to see the Lantern Initiative grow and blossom into a spiritual renewal for as many people as possible.

I am indebted to the work of the Lantern Initiative team for realizing this dream together: Jane Litzinger, Martha Harper, Bill Wells, Kathy Ausen, Skye Harvey, Julie Smith, Lucy Strandlund, Martha Metzler, Jason Franklin, and Dixon Kinser. Each of these gifted leaders will serve the Initiative in some way, whether by facilitating a small group or leading a Sunday seminar. We are also thrilled to announce that our first Saturday retreat on October 14 will be led by Bishop Porter Taylor, on the theme of Christian vocation and discernment. Plan to join us - you won't want to miss hearing from Bishop Taylor and taking some time to rest and retreat as we head into the fall. In all the opportunities of the Lantern Initiative, I hope that you will find a way to take the next step with God. Whether you attend a seminar once or make a deeper commitment with a Saturday retreat, small group or a life-changing pilgrimage, I hope that you might find within this work a light for your path.



Sara is an Associate Rector at St. Paul's and leads adult formation.

LEARN MORE



Want to learn more about offerings through the Lantern Initiative? You can learn more online at bit.ly/SPLantern or scan the QR code with your cell phone.



FUNDING THE FUTURE OF GOOD WORKS: THE 2023 STEDMAN GRANT RECIPIENTS

The Rev. Nancy Vadars



In 1931, Porter Stedman established the Rufus T. Stedman Memorial Fund to honor his father. Managed by the Winston-Salem Foundation, this fund is intended to support organizations in our local community that offer services for the physical, mental, and spiritual health of our neighbors. St. Paul's directs and administers the distribution of these funds through our Outreach Funding Advisory Committee (OFAC). Each year the committee selects seven local organizations to receive funds for both new and ongoing programs in our community. The committee receives applications, completes site visits, and votes on the distribution amounts each year. Below are this year's recipients. Thanks to the diligent work of the St. Paul's OFAC members, these funds continue to make an incredible impact in our community.

Crisis Control Pharmacy: Established in 1987, Crisis Control Ministry's Pharmacy was the first licensed free pharmacy in North Carolina. Today, it is the largest free pharmacy in Forsyth County. In the last year, the pharmacy has provided clients with medication assistance totaling over 1.2 million dollars and filled 17,907 prescriptions. 2023 Distribution: \$11,500.00

Hawley House: Only state-licensed residential recovery treatment center for women in Forsyth County. Our grant will fund the wide spectrum of services and living expenses for women in treatment. This includes substance abuse treatment, mental health treatment, job readiness training, help finding employment, as well as transportation to employment, services, medical appointments, and more. 2023 Distribution: \$20,000.00

Forsyth Jail and Prison Ministries: The Grant will support the counseling services of their re-entry program, Transition to Work, as well as trauma healing classes for offenders. These programs prepare inmates for a successful transition back into the community by addressing their physical, emotional, mental, and behavioral health. 2023 Distribution: \$10,000

Samaritan Ministries Project Cornerstone: Project Cornerstone is an extensive 12-18 month program for those who are ready and determined to break the cycle of poverty, addiction, and homelessness. The program includes case management and counseling along with the AA 12-step program. Health services include physicals to determine needs, dental care, eye care, medications, and mental health counseling through community partners. 2023 Distribution: \$10,000.00

Shepherd's Center: Grant funds will support the Faith In Action Care Program to support the health-related initiatives of medical transportation, minor home repairs, and support for family caregivers. This program area is devoted to serving lower-income older adults who wish to remain independent in their own homes. 2023 Distribution: \$8,500.00

Community Care Center: Grant funds will be utilized for a new dental voucher program that will serve low-income residents of Forsyth County, making it possible to add more participating dentists and increase the capacity for much-needed dental treatment. We will be joining other community partners including the Forsyth Tech Dental education department, Centenary UMC, and the NC Dental Society to help CCC launch this new program, expanding dental care to the underserved in our community. 2023 Distribution: \$5000.00

H.O.P.E. currently distributes over 1,000 meals and over 2,500 pounds of fresh fruits and vegetables via 30 distribution points and partners each weekend. Two years ago, St. Paul's funded their new pilot program to provide family cooking classes, which continue to take place every Tuesday on their campus. This year the grant money will help fund their new nutritional goals to avoid more processed foods and engage with more nutritionally dense meals. St. Paul's will once again partner with H.O.P.E to help them expand their nutritional goals and offerings. 2023 Distribution: \$5000

If you're interested in learning more about St. Paul's OFAC distributions, and being a part of this good work, contact the Rev. Nancy Vaders.



Nancy is the Director of Outreach and a Deacon at St. Paul's.

REFLECTING ON STEWARDSHIP

Nancy Grantham

Earlier in the summer I recalled a conversation while walking with a friend and saying that I missed working and I need to get more involved in my church. Then came the call from Dixon.

The call came at a time when my life was full and I was certain there was no room to squeeze in one more thing, especially in summertime when we are vacationing and enjoying time in our beloved North Carolina mountains or spending precious time caring for my almost two year old granddaughter as her parents work from home.

Regardless, with much thought and prayer it took very little time to graciously accept Dixon's request to serve as Interim Stewardship Director. And I have had no regrets since.

My time spent this summer at St. Paul's has been a joy beyond words. I have reconnected with staff from my previous Stewardship days and have come to know those who arrived since. I have gained a renewed view of how our church supports our parishioners and the vast number of people beyond our walls. I have reflected on the years of raising children here and their participation in ministries which I am sure shaped their lives as much as they did mine. In looking back at over thirty years of membership at St. Paul's, I have pondered on the number of joyous occasions we have experienced as well as the saddest days of our lives. And all along the way, St. Paul's has stood steadfast and faithfully at our side.

I am grateful and amazed how simple it has been to make time this summer to return to St. Paul's as they search for a new Stewardship Director. It will be a time that I will treasure forever.

So just remember, when Dixon calls...



*Nancy Grantham is
Interim Stewardship
Director at St. Paul's.*





GOODWORKS

ABOUT PLEDGING FINANCIAL SUPPORT

Each fall, St. Paul's asks every parishioner to make a financial commitment to support the ongoing ministries of the church during the coming year. If you are new to the church or about to make your first-ever pledge, we hope these questions and answers will be helpful.

What is pledging?

Pledging is your heartfelt, faithful spiritual practice to financially support St. Paul's ministries and programs in the year ahead. It is a personal example of gratitude that you have for all our God has given to you and your family.

Why not simply make non-pledge contributions?

Pledges provide the Vestry with an estimate of expected income essential to the preparation of the church's annual budget. St. Paul's simply cannot operate and thrive without a reasonable estimate of its financial resources. Your pledge reinforces the importance of God and St. Paul's in your life.

How much should I pledge?

Your pledge is a personal decision between God, you and your family. It should be grounded in your faith, love and commitment to God's work through St. Paul's. It requires reflection, prayer, and priority.

Is my pledge confidential?

Yes. Pledges are kept confidential.

How do I submit my pledge?

You can mail in the pledge card included or go to the St. Paul's website and click on stewardship. There is an option to submit your pledge online.

How can I pay my pledge?

There are several convenient ways to honor your pledge, including recurring Tithe.ly payments, monthly bank draft payments, personal

checks using pledge envelopes or payments of appreciated stocks and IRA payments. There are details on our website about how to initiate these options.

How do I set up a Tithe.ly account for make a recurring monthly payment?

Visit tithe.ly/give or download the free Tithe.ly Giving app from the Apple or Android app store to create a Tithe.ly giving account. With a Tithe.ly giving account, you can set up recurring gifts, give to multiple funds at once, manage multiple payment methods, and view your giving record at any time. Even if you are setting up your pledge payments via Tithely, we ask that you still return a completed pledge card.

Do you accept pre-payments for next year's pledge?

Yes. We are glad to accept pre-payments. Please let us know on your pledge card that you plan to pay your 2024 pledge in advance.

What if I need to update and change my pledge amount?

We understand that life's circumstances do change, often unexpectedly. Contact the church to have your pledge amount adjusted at any time during the year.

Want to know more?

Contact the Director of Stewardship, at 336-723-4391, ext. 1210, or stewardship@stpauls-ws.org. Council available upon request.



AT ST. PAUL'S

ON PILGRIMAGE TO ENGLAND

The Rev. Nick VanHorn and Dr. Mark Ardrey-Graves

The Rev. Nick VanHorn

This trip has been over eight years in the making. When I first came back to St. Paul's, Dixon and I had talked about doing youth trips each summer that would build up to an England pilgrimage - then Covid happened and just like most things, it got put on hold. The blessing that came from this is that we had time to recalibrate what this trip would eventually become. Out of these discussions came the revelation that Mark was planning on taking a choir trip to England within the next few years so we decided to take our inaugural trips together showing the Brits what St. Paul's had to offer.

Though there were two different paths on how to conduct this trip, we worked to make sure that they were as parallel as possible. While the choir prepared by practicing the hymns and anthems

that would be sung, our non-choir youth would do liturgical preparation - practicing various parts of leadership in worship gaining experience and practice during the school year which culminated in a multi-day workshop studying the Book of Common Prayer inside and out at the beginning of the summer. When we had finished, our youth receive pins that said "Master of Liturgy". Some may have even worn theirs the England.

When the trip had finally come, everyone knew what was expected and St. Paul's sent a choir and liturgy leaders fully prepared to lead worship in a foreign land. During our days, everyone would spend our time together experiencing different towns, churches, and worship opportunities. When we returned to Exeter cathedral in the afternoons, the choir began practice while our youth worked on versing and reading - in other words, St. Paul's ran the services in their entirety



AT ST. PAUL'S

at Exeter cathedral for a week. Each night, we gather together and concluded our days with reflections and compline.

It was such a privilege to witness the choir practicing while our youth worked on the rest of the liturgy each day knowing that they knew what it meant to be a worship leader. I was also honored to spend a lot of one-on-one time with our youth, some choir kids and even got to develop relationships with our choir adults reflecting on what St. Paul's has meant to each participant and to hear their faith journey's while away together.

This trip was such a transformative moment for each one of us and, thanks to the support of our church, we gained a lifetime of experiences, renewed love of liturgy, and a newfound respect of our heritage while St. Paul's gained a new level of worship leader. Our choir is coming back with

new energy, our youth are equipped and willing to participate in worship now more than ever and we may even get a verger or two in the future...

Dr. Mark Ardrey-Graves

For one week in late July, twenty-three singers from St. Paul's (twelve youth Choristers, with eleven adult members of the Schola and friends), along with Drs. John Cummins and Mark Ardrey-Graves, entered into an ancient and timeless pattern: sung daily worship at an English cathedral. Every day of the year, the cathedrals of the Church of England observe an unbroken cycle of worship: Morning Prayer, Holy Communion, and Evening Prayer. In nearly every cathedral, the daily evening service is



AT ST. PAUL'S

sung by the choir, as are the principal Eucharists on Sunday mornings and other feast days. We had the great privilege to be the choir in residence at the Cathedral Church of St. Peter in Exeter, Devonshire (“Exeter Cathedral” for short) during one of the weeks that the Cathedral Choir was on its summer break. Following our week in Exeter, we traveled to London where we were invited to sing one additional evening service at Southwark Cathedral. Thus, our choir offered musical leadership (as our Youth Pilgrims offered spoken and read leadership) at Choral Evensong each day, along with the Sunday morning choral Eucharist.

Our choir was responsible for preparing, rehearsing, and singing all of the constituent parts of the daily choral services. For Evensong, this includes a setting of the Preces and Responses (the core responsorial prayers of the Daily Office), the Psalms of the day, the evening Canticles (Magnificat and Nunc dimittis), an Anthem, and on many

days, one or more hymns. At the Sunday morning Eucharist, the choir sang an Introit, four hymns, a communion anthem, and a choral mass setting: Gloria in excelsis, Sanctus, Benedictus, and Agnus Dei. All in all, over the course of the week our intrepid singers prepared and sang nearly three hours’ worth of music! Meanwhile, Dr. Cummins worked his tireless magic every day on the cathedral organ, offering voluntaries, improvisations, and beautiful accompaniment to the choir and congregation.

Each day that the full choir led Evensong, we sang the choral setting of the Preces and Responses composed by St. Paul’s own Dan Locklair. As a special and exciting gift, Dr. Locklair composed an additional set of prayers (known as the Final or Concluding Responses) for our choir to take and sing at Exeter and Southwark. It was a wonderful honor for us to be able to premiere a new work by Dr. Locklair in England – and we’ll have the



AT ST. PAUL'S

opportunity to give his Final Responses their American premiere at our Choral Evensong at St. Paul's on September 17.

The choral pilgrimage was a transformative experience for everyone who took part. Singing our prayers on a daily basis changed our hearts from the inside, even as it was a gift to those who prayed alongside us. We also were able to make this pilgrimage thanks to the impossibly generous gifts of so many supporters here at home: your contributions made this transformative experience possible! Our Choristers and adult singers worked incredibly hard, and the immediate fruit of that labor was offering praise to God in the beauty of holiness, on behalf of everyone who passed through the cathedral doors.



*Nick is Associate Rector,
Director of Youth
Ministries*



*Mark is Master of the
Choristers & Schola*

VACATION BIBLE SCHOOL

The Rev Lauren A. Villemuer-Drenth

One of the most excitement-filled happenings at St. Paul's is our Vacation Bible School. We have anywhere from 85 to 115 children filling our building with songs, joy, laughter, adventure, faith, and spiritual growth. For many of these children, it is a on-ramp to exploring faith, church as a place of love, and hearing about a God who has open arms for them. For some of the children, it is a place to do ministry work (without thinking about it as ministry.) For some it is a place to just feel like another child attending VBS.

Newcomers or people who are not very familiar with church, yet feel comfortable bringing their child into this fun and action-packed week. They meet other families and experience an open invitation. When we talk about God loving them just the way they are, there is always a parent who feels they have found a place they want to come back to. Their children leave asking, "When are we coming back?"

The ministry work is seen in the way our children accept all the children, whether they have seen them on a Sunday morning or not. Each child entering the room is a friend and becomes a part of our family. One of the most beautiful sights was seeing the children lovingly welcome children from the family homeless shelter.

For the children from the shelter, it is a place where they belong, experience joy and feel loved. They get to just be another child in our wonderful church.

Each year we choose a ministry focus. Loving others through giving a helping hand is an important part of Vacation Bible School. This year, we collected and made sixty shower kits for the Dwelling. These kits included t-shirts, socks, washcloths, and all the hygiene needs. We collected items for the Domestic Violence Shelter for Women & Children. We collected over thirty razors, shaving cream, socks, toothbrushes,

toothpaste, shampoo, conditioner, body wash, wash clothes, hand sanitizer, combs, deodorant, soap and Kleenex boxes. It was wonderful to see the children's excitement as they brought in items each day and on Friday, packed the kits. In the past, we have collected items for Hope Center, collected books for Read WS, made meals, created prayer boxes, made placemats for different organizations to use, created cards for the homebound, collected money for Episcopal relief & Development, collected school supplies, and much more.

"Command them to do good, to be rich in good deeds, and to be generous and willing to share" (1 Timothy 6:18), was not only lived by the children; the good works were evident by the many adults who worked to put together a memorable programming, feed the children daily, and create memories they will cherish. It was seen by the many adults who worked as station leaders, teaching the children songs, crafts, science experiments, games, Bible adventures, and lessons on mission. These station leaders brought the Bible to life and gave the children memories that will make the stories stay with the children. It was evident in the adults and teens, who gave their time to act as guides to be with the children and support them on their VBS journey. The guides acted as a mentor to each young person, giving them a person that they always remember as loving them, cheering for them, and comforting them.

As time passes, one of the things we hear over and over, is how the children still sing the songs, share the stories or tell of a memory from VBS. Sometimes years have passed, but it is still a wonderful memory.

For the adults, we get to cherish the memory of the shy child who opened up to us, the child who joyously shared God's love with others, or who encouraged their families to help others. We

remember the child who took another child's hand, who felt a little lost. We take with us the love that showed in the children's eyes as they came in excited each day. We developed friendships and appreciation for the other adults giving their time and heart.

Vacation Bible School is a ministry where all do and receive good works. It is a week where we all get to see the world through the lens of love for all and be a part of living out the Kingdom of God. It is a week that we easily live out our Baptismal vows and come away singing (and dancing) to new songs.



Deacon Lauren is the Director of Children's Ministries





ST PAUL'S EPISCOPAL

Currently, St. Paul's has many ways to worship, both in-person and online. Our regular Sunday service times until Memorial Day are 7:30 am (Rite 1), 9 am (Rite 2), 11:15 am (Rite 2), and 5 pm (Rite 2 or Evensong). Online Sunday worship is at 11:15 am.

VISIT US

520 Summit St.
Winston-Salem, N.C. 27101

CONTACT US

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Web: stpaulswn.org

Email Sign-up:

bit.ly/3CSs9mj

SOCIAL MEDIA

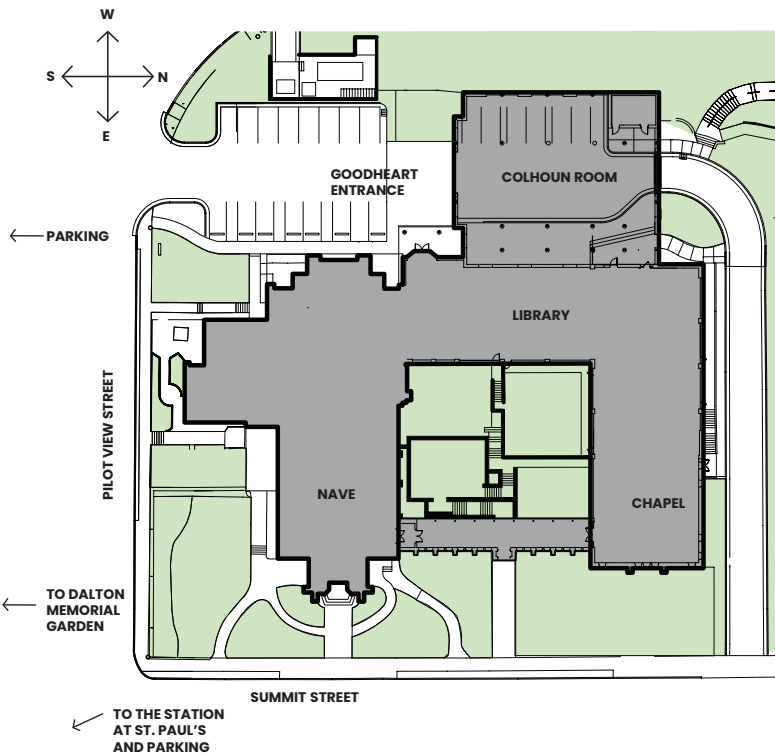
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ABOUT ST. PAUL'S

Glorify, Inspire, Serve, and Transform

St. Paul's is a vibrant parish family that strives first to follow Christ. We are a large, downtown congregation in Winston-Salem, North Carolina with a long history of moving worship, active Christian formation, and transformational outreach. St Paul's offers both sanctuary and challenge. It is a church grounded in the grace of God that seeks to bring God's love and light into the world. We gather together so that we may go out into the world, radically loving our neighbors.



TRANSITIONS

BIRTHS

Walter Hutchinson Saunders
May 16, 2023
Son of Carolyn and Rob Saunders and brother of Ridge Saunders

Charles Lee Winburn
June 6th, 2023
Son of Meggie and Lee Winburn, grandson of Bonnie and Ed Colhoun, great grandson of Sarah Hill Colhoun, nephew of Kabler and Mark Meyer and cousin of Freddy and Lucy Meyer

BAPTISMS

Charle Lucian Crockett
July 9, 2023
Son of Sarah and Lucian Crockett

Ada Marie Addison
August 20, 2023
Daughter of Marie and Jay Addison

Louise Barlow Clark
August 20, 2023
Daughter of Alice Day and Ken Clark

Lucy Joyner Clark
August 20, 2023
Daughter of Alice Day and Ken Clark

Emma Grace Sherwood
August 20, 2023
Daughter of Kathleen and Garrett Sherwood

Anna Chandler Taylor
August 20, 2023
Daughter of Melissa and Michael Taylor

NEW MEMBERS

Betty and John Earle

Julia and James Cooksey

Faith and Brandon Cooksey and son Lincoln

Kathleen Sherwood and children Rhett, Mary Margaret and Emma Grace

Cameron Rodriguez-Hunter

Christy Cramer and children Sloane and Zach

Meredith Barnes and Kay Garcia

MARRIAGES

Katherine Claire Gwyn and Townes Alston Mickel
June 3, 2023

Elizabeth McNair Stover and William Tidwell Anderson
June 17, 2023

Kathryn Sandridge Oldham and Hamilton Charles Drucker
August 26, 2023

DEATHS

Nancy Neill Spencer
February 20, 2023
Wife of Jimmy Spencer

Elizabeth (Betsy) Treadway
June 5, 2023

Ted Fisher
June 9, 2023
Father of Samantha Franklin, father in law of James Franklin, grandfather of Corrine and Grace

Willam McCall, Jr.
June 22, 2023
Step father of Julie Smith

June Gregory
June 22, 2023
Mother of Sydney Falken

Michael D. Newman
June 24, 2023
Husband of Tog Newman

James (Jimmy) Carlton Eller
June 28, 2023
Husband of Doris Eller

Mary McLean Armfield Sherrill
DOD July 17, 2023
Daughter of Everette and Jean Sherrill and sister of Carolyn Sherrill Fuller

Jane Graves Johnson
July 18, 2022
Mother of Susan Johnson Hedgepeth

Donald Charles Sims
July 23, 2023
Father of Robin Webster

Ronald J. Short
August 4, 2023

Kay Victor Smith
August 4, 2023
Brother of Chuck Dale Smith

Agnes Barden Sabiston
August 5, 2023
Mother of Agnes Butler

Ruth Clark Wendell
August 6, 2023
Mother of Jane Wendell Turner, mother in law of David Turner, grandmother of John and Chase Turner

Helen Howie
August 11, 2023
Sister of Tog Newman

Kemble McKinnon Oliver
August 12, 2023
Brother of Robert Oliver

Myrtie B. Davis
August 14, 2024
Wife of Bill Davis.

Anne Skinner
August 15, 2023

Caroline Kester
August 16, 2023

Ashley Dozier
September 1, 2023

Lady Tombekai
September 9, 2023
Mother of Comfort Pearson

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NEXT, NO, AND NOT YET: A RETREAT ABOUT MAKING HOLY CHOICES



Oct 14, 2023

The Station at St. Paul's, Winston-Salem

9:30 am to 3 pm

Join the Rt. Rev. Porter Taylor and members of the St. Paul's clergy for a day retreat on how to pay attention to what is "next," what is "no, and what is "not yet" in your life. The retreat will include keynote sessions with Bishop Taylor and breakout sessions designed to teach tools for discernment in everyday life. This retreat is for anyone discerning questions about God's invitation for their life; there will also be a special track for anyone curious about ordained ministry in the Episcopal Church. The retreat cost is \$20, which includes lunch.



Register at bit.ly/FallRetreatSP or scan the QR code.



the lantern initiative